The CAC's Guide to

Food Resources

in Suffolk County

CHILDREN'S ADVOCACY CENTER
of suffolk county

Emergency Food Assistance Programs

Suffolk County Food Bank

The Greater Boston Food Bank

70 S Bay Ave, Boston MA 02118

Phone: 617-427-5200

Website: *www.gbfb.org*

- Community Meal Programs
- Food Pantry Locator

Emergency Food Assistance Hotline

Project Bread Food Source Hotline

Phone: 800-645-8333

Available M-F 8am-7pm, and Saturday 10am-2pm

Website: *www.projectbread.org*

- Statewide information and referral source
- Will support in referrals to emergency food sources
- Will screen for SNAP eligibility and application assistance
- 160 different languages available

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ALLSTON-BRIGHTON:

- **Allston-Brighton APAC: 406 Cambridge St**
  - Food pantry with ready to eat meals available
  - The food pantry will provide a 3-to-4-day food supply for one household. There is a short questionnaire regarding household info for the pantry's records.

- **Allston-Brighton Food Pantry: 404 Washington St**
  - GROCERY DISTRIBUTIONS: WEDNESDAYS 3-6pm
    - One bag of fresh groceries for households of 1–4 people, and two bags of fresh groceries for households of 5 or more
  - SECOND AND FOURTH SATURDAY DISTRIBUTIONS:
    - Households of 1-4 people: One large box (3–4 bags) of dry pantry goods and fresh groceries
    - Households of 5 or more people: Two large boxes (6–8 bags) of dry pantry goods and fresh groceries
  - Weekly Community Suppers
    - One hot to-go meal for every member of a person’s household prepared fresh by the staff chef

- **Tifereth Raphael Kosher Food Pantry:**
  - 77 Englewood Ave

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BACK BAY:

- **Church of the Covenant Food Pantry: 67 Newbury St**
  - Food pantry hours: Saturday & Sunday, from 10am-12pm in the alley at the corner of Berkeley and Newbury Streets
  - Visits are limited to once each calendar month.
- **Women's Lunch Place: 67 Newbury St**
  - Healthy meals, essentials, and one-on-one assistance from a daytime shelter and advocacy center dedicated to helping women experiencing homelessness, hunger and poverty.
  - Hours: 7am - 2pm
  - Breakfast: 8am - 10:30am, Lunch: 12pm - 2:00pm
- **Victory Programs Boston Living Center: 29 Stanhope St**
  - Congregate Meals: The Boston Living Center serves warm meals five days a week in the community dining room. Call the main phone number at 617-236-1012.
  - Food Pantry Bags: Members can sign up to receive fresh produce, meats, nonperishable foods, and hygiene and cleaning products once a week.
    - *The food pantry is only available the 2nd and 4th week of the month on Thursdays and Fridays.
  - Breakfast: Monday – Friday, 7:30am – 10:30am.
    - Full breakfast is available on Wednesdays only
  - Lunch: Monday – Friday, 12:00pm – 1:30pm.
  - Dinner: Monday only, 5:00pm – 6:00pm.

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CHARLESTOWN:

- **CWS/Charlestown Adult Education: 76 Monument St**
  - Groceries are available for pick up on Thursdays from 1-5pm
- **Harvest on Vine Food Pantry: 49 Vine St**
  - Visit website: stmarystcatherine.org/harvest-on-vine/

CHELSEA:

- **La Colaborativa Food Bank: 63 Sixth St**
  - Food distribution: Wednesdays at 12:00 and Fridays at 9:30pm
  - Anyone over the age of 18 who lives in Chelsea is eligible, with each household receiving one box
- **Revival International Center of Chelsea: 278 Broadway**
  - Groceries are available Mondays from 3:30-6:00pm
- **Salvation Army Chelsea Food Pantry: 258 Chestnut St**
  - Groceries are available Tuesday & Thursday from 10am-1pm
- **St Luke's-San Lucas: 201 Washington Ave**
  - Groceries are available on Saturdays from 8am-11am *by appointment only*
  - Appointments are given in person on Saturdays from 10-11am
- **Selah Day Resource Center: 738 Broadway St Unit B**
  - Food pantry: Monday through Friday from 9am-1pm
  - Hot meals: Served Monday through Friday at 9am & 12pm
  - Food box distribution: Thursdays at 7:30am

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DORCHESTER:

- **Bethel Tabernacle Pentecostal Food Pantry: 12 Bicknell St**
  - Groceries are distributed on Saturdays from 9-11am
- **Berea Church Pantry: 108 Seaver St**
  - Groceries are available the first and third Thursday of every month from 8am to 11am.
- **Cape Verdean Association of Boston: 242 Bowdoin St**
  - Groceries are available every second and fourth Thursday of the month
  - Must call from Wednesday-Friday until 1pm to sign up for a bag: 617-506-8150
- **BCYF Perkins Community Center: 155 Talbot Ave**
  - Groceries are available every Monday and Wednesday from 3-5pm.
  - Please call in advance for services - (617) 427-5200
- **Yawkey Center Food Pantry: 185 Columbia Rd**
  - Groceries are available Monday through Friday from 9am-12, and then again from 1-2pm
- **Codman Square Health Center: 450 Washington St**
  - Groceries are available Tuesdays from 8-11am
- **Dorchester House: 1353 Dorchester Ave**
  - Food pantry is for residents of Dorchester & Mattapan only
  - Seniors Food Pantry Hours: Tuesdays from 8:30-10:30am
  - Community Food Pantry Hours: Wednesdays from 8-10am

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DORCHESTER:

- **Faith Christian Church: 301 Harvard St**
  - Food pantry hours: The second and fourth Friday of the month from 12-2pm
- **Harvard St Health Center: 895 Blue Hill Ave**
  - Food pantry hours: Wednesdays from 10am-4pm
  - Please call 617-825-3400 to be added to the pantry list if assistance is needed
- **Holy Tabernacle Church: 70 Washington St**
  - Food pantry hours: the second and fourth Fridays of the month from 10am-12pm.
- **Pilgrim Church Food Pantry: 540 Columbia Rd**
  - Food pantry hours: every Wednesday from 11am-5pm
  - Households can get food once a month. Pease bring a form of ID and your own bags or a carriage.
  - Numbers for receiving food are distributed starting at 7am
- **St Mary's Food Pantry: 14 Cushing Ave**
  - Food pantry hours: The second and fourth Tuesday of the month from 9:30am-11:30am

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DOWNTOWN:

- **The Paulist Center Food Pantry: 5 Park St Place**
  - Food pantry hours: Tuesdays from 1:30-3:30pm
  - One visit per month
- **Franciscan Food Center: 100 Arch St**
  - Monthly food distribution: First Thursday of the month
- **St Francis House: 39 Boylston St**
  - Breakfast is served from 7:30am – 9am
  - Lunch is served from 11:30am – 1pm.
  - Sandwiches are available on a first come, first served basis in between meals.

EAST BOSTON:

- **East Boston Community Soup Kitchen**
  - Open Tuesdays from 8am - 7pm
- **BCYF Paris St:**
  - Food pantry hours: Every Tuesday and Friday from 12-1pm
  - First come first serve, may visit twice a week

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HYDE PARK:

- **Hyde Park Food Pantry: 1179 River St**
  - Food pantry hours: 2nd Saturday of each month (9 am - 12 pm)
  - Eligibility: Must be a resident of Hyde Park and be able to provide proof of address and family size.

JAMAICA PLAIN:

- **Family Food Connection: 30 Bickford St**
  - Food pantry hours: Thursday 11am-4pm
  - Eligibility: All community members whose household includes a child under the age of 17
- **First Baptist Church: 3702 Washington St**
  - Food pantry: Tuesday - Friday 12-5pm, Saturdays 12-2pm
  - Meals: Wednesdays at 6:30pm, Saturdays at 12pm
- **Loring Greenough House: 12 South St**
  - Free produce and bread from Allandale Farm
  - Thursdays in November from 11am-1pm

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MATTAPAN:

- **Shirley's Pantry: 213 River St**
  - Food pantry hours: Monday, Wednesday and Friday from 10am-3pm

ROXBURY:

- **ICNA Relief Halal Food Pantry: 134 Camden St**
  - Registration for eligibility is required: Email *newengland@icnarelief.org* for an appointment
  - Every second and fourth Saturday at 12pm
- **Rosie's Place: 889 Harrison Ave**
  - Dining Room Weekday Hours: Breakfast: 7:30am-9:00am, Lunch: 11:30am - 1:00pm, Dinner: 4:30pm - 6:45pm
  - Weekend Hours: Brunch 10:30 - 12, Dinner 3:30-4:30pm
  - Food pantry hours: Monday - Friday, 9am-4pm
- **St Katharine Drexel Parish: 175 Ruggles St**
  - Food pantry hours: Thursdays 9-10am
- **United Emmanuel Holiness Church: 65 Windsor St**
  - Food pantry hours: Wednesday and Friday at 7-8pm, Sunday at 10am-2pm
- **Whittier St Health Center: 1290 Tremont St**
  - Food pantry hours: Monday - Saturday at 10am-4:30pm

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SOUTH BOSTON:

- **Fourth Presbyterian Church: 340 Dorchester St**
  - Food pantry hours: Second and fourth Tuesday of each month from 9:30-11:30am
  - Hot meals available for "take out" on Monday, Wednesday and Friday from 4-5pm
- **St Monica's Parish Food Pantry: 331 Old Colony Ave**
  - Food pantry hours: Thursdays 9:30am-1pm

SOUTH END:

- **Haley House: 23 Dartmouth St**
  - Food pantry hours: Thursdays, tickets distributed at 7:00am, bags distributed at 10:00am
- **Union Combined Parish: 485 Columbus Ave**
  - Hot meals: Mondays at 5pm at Old West Church (131 Cambridge St)

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