



National Alliance on Mental Illness

# El Dorado County

Thank You!

## NAMI El Dorado County – 2017 Accomplishments

*Made possible by community grants, collaboration and skilled volunteers!*

### • Awareness Outreach to 900+ people

- Participated in our county's Stakeholder workgroups: Drug Medi-Cal, Suicide Prevention, Healthy Communities, and Community Corrections Partnership: strengthen focus towards Community [StepUpTogether.org](http://StepUpTogether.org) Initiative.
- Suicide Policy Task Force with school district.
- Awareness booths at back-to-school events, Health-Fairs, National Night Out, Emily's Walk for Hope (Suicide prevention walk,) Faith Episcopal, Barton Ladies' Day Out, and TRYP (Tahoe Regional Young Professionals.)
- Participation at the monthly Multi-Disciplinary team forum and CIT Training participation. -- Advocacy with criminal justice leadership to promote adoption of best practices.
- Presentations to 3 freshman classes at Union Mine High School and to Elder Options caregivers on mental health, resources, and supports.
- Set-up multiple educational and fun library displays and in the Board of Supervisor display-case for MH Awareness month
- Participation at Community Mental & Behavioral Health Cooperative and related community task forces
- California Conservation Corp: MH Awareness presentations & Q/A with over 100 participants (crew members and staff)
- Facilitated weekly art projects at EDC BH Wellness.
- Presentation of annual CIT awards to EDSO Deputy and PPD Officer for the year to the BOS
- Acceptance of the annual BOS resolution for May is Mental Health Month; BOS Breakfast Advocacy Spoke in support of mental health treatment in our jails and the need for improved awareness/education within county Probation; jail expansion 2018 will include space for treatment of the mentally ill.
- Science-based approach .

### • Services & Supports

Provided collaborative leadership to strengthen services & supports in El Dorado County.

NAMI EDC Warm-lines (700+ calls)

- NAMI Family Support Groups monthly; nearly 100 unique participants; average of 28/mo across 3 support groups)

- NAMI Family-to-Family programs (32 hours of evidence-based instruction; with nursing CU's available.)

NAMI Family & Friends 4-hour seminar

NAMI Basics program

- NAMI On Campus :Brain Health Leadership launched at South Tahoe HS

NAMI On Campus launched at LTCC

- NAMI Outreach in Spanish

- NAMI Annual Conference in Washington D.C. participation and advocacy on Capital Hill!

- NAMI Peer-to-Peer - developed local leadership

- NAMI Walks annual participation helped us earn grants from NAMI CA to help fund our local programs.

- NAMI Monthly e-Newsletters with a reach of nearly 600

- FACEBOOK: NAMI El Dorado County

- Over 450-library book check-outs of the NAMI books donated.. Recommended reading list maintained on [namieldoradocounty.org](http://namieldoradocounty.org)

- 1700 NAMI brochures utilized from the 12 Mental Health Kiosks - Plus, an additional 1,200 NAMI educational brochures given to mental health professionals and community members.

- Hosted screenings of "Elizabeth Blue" movie.

- Mental Health (Behavioral Health) Commission monthly meetings and Committees reviewing aspects of the system of care in our county; this commission provides an annual report to the Board of Supervisors.

**We are proud to be 100% volunteer!**

stigmafree

## NAMI El Dorado County: Education, Support and Advocacy

Your donation is tax deductible. NAMI El Dorado County is a 501c3 non-profit

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