

How to Register

1. Complete a separate form for each person registering or register online with Tithe.ly at:
<https://tithe.ly/event-registration/#/6786464>
2. Supply complete name, phone number, and email address
3. Indicate church name and location
4. Check how you will represent your church, organization, or PNEC (see explanation on representation below*)
5. Indicate special needs
6. Enclose your check (payable to PNEC) based on your attendance

*Representation

At all Conference Meetings, in addition to its ministers, each local congregation shall be entitled to be represented by one lay delegate plus an additional lay delegate if at least one is a youth/young adult (14-21 years). Furthermore, each local congregation with more than 500 members shall be entitled to be represented by one additional lay delegate for every additional 500 members or major fraction thereof as shown in the Penn Northeast Conference Yearbook most recently published prior to the date of the call of the meeting. Each local congregation should choose alternate delegates who shall serve in case its delegates are unable to attend. Visitors are welcome. The members of the Conference Board shall be members ex officio of the Conference with vote.

Send registration and payment to:

Penn Northeast Conference, 431 Delaware Avenue,
Palmerton, PA 18071

Or

Register online: <https://tithe.ly/event-registration/#/6786464>

Sorry, registration fees are not refundable.

**Spring Meeting = 2 hours continuing education for PNEC
Authorized Ministers**

Call to the 2023 Spring Meeting of PNEC

Saturday, April 29, 2023

In Person or Virtual

St. Thomas United Church of Christ
902 East Macada Road, Bethlehem, PA

Theme

Health, Renewal, Restoration

Scripture

“...be transformed from the inside out by renewing your mind. As a result, you will be able to discern what God wills and whatever God finds good, pleasing, and complete.” **Romans 12:1-2**

Keynoters:

Rev. Cindy Garis August
Senior Pastor at Colonial Park UCC, Harrisburg

Ms. Padma (Colette) Fanning
Mindfulness Educator
St. Luke's University Health Network, Bethlehem

Tentative Agenda

8:15 Registration; Continental Breakfast
9:00 Worship
10:00 Keynote Presentations
Noon Lunch
1:00 Business and Celebrations
 - Anniversaries/New Pastors/Remembrances
 - State of the Conference
 - 5 for 5 and OCWM Presentations
2:30 Closing Worship with Communion

Keynote Focus – Cindy Garis August

Practicing Focus & Connection:

Being Well-Adjusted and Well-Formed

For many of our congregations, there is a tiredness — or a fear of burnout in our leaders and/or a shriveling of our congregations. Our focal texts for our time together, however, remind us of the powerful, tenacious hope of our faith. (Hmmm...does the Holy Spirit grow tired?) When we adjust our gaze to focusing on God, we can trust in God's faithfulness and strength. When we can open to the Holy Spirit at work in our communities, we are shaped into transformed and transforming bodies - the Body of Christ. If we are interested in, desiring and seeking health, renewal and revival, we are invited to let Love bloom in us. Together (both in the sanctuary and on Zoom) we will explore how to reduce stress, change our gaze, and plug into the Ultimate Power Source.

Keynote Focus – Padma (Colette) Fanning

Many things in life are beyond our control and can cause stress or distress – injury or illness, a family or work crisis, or genuine time pressure and deadlines. Stressful thoughts almost always accompany these uncontrollable situations: Why isn't anyone helping me? I'll never get it done! Why me? Through mindfulness, we can practice focusing on the present, releasing our "what if" mind wandering, and becoming more aware of and exploring new patterns of thinking and ways of reacting. This intentional presence in the moment can create freedom from pain that arises in difficult or stressful situations.

Registration Costs:

Virtual: \$20 per person In Person: \$35 per person
Registration Deadline: April 21, 2023

Registration Form – Spring 2023 Conference Meeting - In Person or Virtual

(Complete a form for each person attending.)

Name_____

Phone_____

Email Address_____

(All Advanced Materials will be sent via email)

Church Name/Location

*Representation (see explanation on representation)

____ Authorized Minister ____ PNEC Mbr, nonvoting

____ Delegate ____ Visitor at Meeting

____ Alternate Delegate ____ Conf. Board Member

____ Youth Delegate ____ Youth Alternate Dele.

Attendance

____ \$20 Virtual

____ \$35 In Person

Special Needs:_____

Checks payable to PNEC and mail to: PNEC, 431
Delaware Ave., Palmerton, PA 18071 by April 21, 2023

or

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