

MENTAL  
HEALTH  
FIRST  
AID



# **Adult Mental Health First Aid Course**

Led by Rev. Dr. Emily B. Hall, BCCi

**Friday, October 21, 2022**

Jordan UCC, 1837 Church Road, Allentown, PA

9:00 a.m. to 3:00 p.m.

Cost: \$35 per person

**Bring Lunch; Beverages will be Provided**

Continuing Ed Hours for PNEC Clergy: 5 Hours

Registration Required:

Through Tithe.ly at <https://tithe.ly/event-registration/#/5886151>

*You are more likely to encounter someone in an emotional or mental crisis than someone having a heart attack. Learn How to help a friend, family member, coworker, or neighbor in need.*

**Get trained in Mental Health**

For more information, visit  
[www.mentalhealthfirstaid.org](http://www.mentalhealthfirstaid.org)