

Celebration of Holy Eucharist
Fourth Sunday after the Epiphany



Christ Episcopal Church
Kensington, Maryland
February 1, 2026
8:00 AM

Blessed Sunday & Welcome to All

We are so glad you have joined us for worship this morning, especially if you are new or visiting!

The service is taken primarily from *the Book of Common Prayer*, but everything you need can be found in the bulletin. The congregation's responses are **bolded**.

Children of all ages are welcome in the service. There are child-friendly materials on the table at the back of the church should you – or they - want them!

Should you be interested, we have faith formation for PreK-5th grade, and Junior High Youth Group at 9:30am. Nursery coverage is provided from 9:30-12:30pm.

Would you like more information about children and youth at Christ Church?

Contact Children's Minister Ann Enkiri sundayschool@ccpk.org

All are welcome to receive communion. Instructions for communion are in the bulletin just after the invitation. ("The gifts of God for the people of God...") We will move to the chancel after the Announcements for the Eucharistic Prayer and distribution of Communion.

Offerings. You may make a donation by placing cash or checks in the offering plate, or you may give online via the link on our website, or simply scan the QR code below. We are grateful for your support!



All-gender restrooms and water are located at the end of the hallway off the back of the sanctuary.

Welcome to all our visitors!

Please introduce yourself after the service. If you'd like more information, fill out a visitor's card in your pew and give it to the usher or a member of the clergy. You can also email our Parish Administrator Jen Luna administrator@ccpk.org, or calling us at 301-942-4673. We'd be happy to connect with you, and if you wish, add you to our weekly e-newsletter the *Christ Church Connection*. If you would like more information about Christ Church, please visit our website at www.christchurchkensington.org.

**We are better for your presence with us today,
and would love to get to know you.**

The Liturgy of the Word

Welcome

Opening Acclamation

Presider Blessed be God: Father, Son and Holy Spirit.

People **And blessed be God's kingdom, now and for ever. Amen.**

The Gloria

Glory be to God on high,

and on earth peace, good will towards all.

We praise thee, we bless thee, we worship thee,

we glorify thee, we give thanks to thee for thy great glory,

O Lord God, heavenly King, God the Father Almighty.

O Lord, the only-begotten Son, Jesus Christ;

O Lord God, Lamb of God, Son of the Father,

that takest away the sins of the world, have mercy upon us.

Thou that takest away the sins of the world, receive our prayer.

Thou that sittest at the right hand of God the Father,

have mercy upon us.

For thou only art holy; thou only art the Lord; thou only, O Christ,

with the Holy Ghost, art most high in the glory of God the Father. Amen.

The Collect of the Day

Presider The Lord be with you.

People **And with thy spirit.**

Presider Let us pray.

God our deliverer, you walk with the meek and the poor, the compassionate and those who mourn, and you call us to walk humbly with you. When we are foolish, be our wisdom; when we are weak, be our strength; that, as we learn to do justice and to love mercy, your rule may come as blessing. Amen.

A Reading from the Prophet Micah *Micah 6:1-8*

Hear what the LORD says:

Rise, plead your case before the mountains, and let the hills hear your voice.

Hear, you mountains, the controversy of the LORD,

and you enduring foundations of the earth; for the LORD has a controversy with his people, and he will contend with Israel.

“O my people, what have I done to you? In what have I wearied you? Answer me!

For I brought you up from the land of Egypt, and redeemed you from the house of slavery; and I sent before you Moses, Aaron, and Miriam.

O my people, remember now what King Balak of Moab devised,
what Balaam son of Beor answered him,
and what happened from Shittim to Gilgal,
that you may know the saving acts of the LORD."

"With what shall I come before the LORD, and bow myself before God on high?
Shall I come before him with burnt-offerings, with calves a year old?
Will the LORD be pleased with thousands of rams,
with tens of thousands of rivers of oil?
Shall I give my firstborn for my transgression,
the fruit of my body for the sin of my soul?"
He has told you, O mortal, what is good; and what does the LORD require of you
but to do justice, and to love kindness, and to walk humbly with your God?

Reader The Word of the Lord.
People **Thanks be to God.**

Psalm 15 *Domine, quis habitabit?* *read responsively by half verse*

- 1 LORD, who may dwell in your tabernacle? *
who may abide upon your holy hill?
- 2 Those who lead a blameless life and do what is right, *
who speak the truth from their heart.
- 3 There is no guile upon their tongue;
they do no evil to a friend; *
they do not heap contempt upon a neighbor.
- 4 In their sight the wicked is rejected, *
but they honor those who fear the LORD.
- 5 They have sworn to do no wrong *
and do not take back their word.
- 6 They do not give their money in hope of gain, *
nor do they take a bribe against the innocent.
- 7 Those who do these things *
shall never be overthrown.

A Reading from the First Letter of Paul to the Corinthians *1 Corinthians 1:18-31*

The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written, "I will destroy the wisdom of the wise, and the discernment of the discerning I will thwart."

Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation,

to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength.

Consider your own call, brothers and sisters: not many of you were wise by human standards, not many were powerful, not many were of noble birth. But God chose what is foolish in the world to shame the wise; God chose what is weak in the world to shame the strong; God chose what is low and despised in the world, things that are not, to reduce to nothing things that are, so that no one might boast in the presence of God. He is the source of your life in Christ Jesus, who became for us wisdom from God, and righteousness and sanctification and redemption, in order that, as it is written, "Let the one who boasts, boast in the Lord."

Reader The Word of the Lord
People **Thanks be to God.**

The Gospel *Matthew 5:1-12*

Gospeler The Holy Gospel of our Lord Jesus Christ according to Matthew.
People **Glory to you, Lord Christ.**

When Jesus saw the crowds, he went up the mountain; and after he sat down, his disciples came to him. Then he began to speak, and taught them, saying:

"Blessed are the poor in spirit, for theirs is the kingdom of heaven.

"Blessed are those who mourn, for they will be comforted.

"Blessed are the meek, for they will inherit the earth.

"Blessed are those who hunger and thirst for righteousness, for they will be filled.

"Blessed are the merciful, for they will receive mercy.

"Blessed are the pure in heart, for they will see God.

"Blessed are the peacemakers, for they will be called children of God.

"Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven.

"Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you."

Gospeler The Gospel of the Lord.
People **Praise to you, Lord Christ.**

Sermon

Ms. Eva Nye

moment of silent reflection

The Nicene Creed

We believe in one God, the Father, the Almighty,
maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God,
eternally begotten of the Father, God from God, Light from Light,
true God from true God, begotten, not made, of one Being with the Father.
Through him all things were made. For us and for our salvation
he came down from heaven: by the power of the Holy Spirit
he became incarnate from the Virgin Mary, and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

The Prayers of the People

Shine in your church, O God; embolden us, in a dark world, to speak truthfully and to act
with the courage of love. This day and always,
Christ be our Light.

Shine on your world, O God; heal the warring of nations and peoples, and the wounding
of the earth to give us peace at last. We pray especially for peace in Gaza, Ukraine, Sudan,
and everywhere there is violent conflict; and for peace and unity in this nation.
This day and always,
Christ be our Light.

Shine for your people, O God; make us one human family who clothe each other with
mercy and feed each other with justice. This day and always,
Christ be our Light.

Shine in our hearts, O God; help us to reach to the heavens and deep in our souls to seek
you, to find you, and to know you. This day and always,
Christ be our Light.

Shine for the afflicted, O God; for all who are hungry, unhoused, or in danger; for refugees, prisoners, and their families. We pray especially for the sick of our parish, including Helen-Paige Buck, Bonnie Douglas, Maggie Elgin, Anne Fox, Jon Martineau, America Perez, Lissa Ramsepaul, Calvin Smith, Ellen Thomas, Helen Urquhart, and William West; all caregivers; and for all who are on our hearts this day.

You are invited to add your own intercessions, silently or aloud.

Remind them of your deep compassion and how you tenderly bear all our sorrows.
This day and always,
Christ be our Light.

Shine on those who have died and those who mourn. We remember especially Jim Tavares; Jay Douglas; William E. Cavill, Jr.; all those tragically killed as a result of gun violence and war; and all those we now name.

You are invited to add your own prayers for the departed, silently or aloud.

This day and always,
Christ be our Light.

Shine on the joyous, O God, especially those who celebrate their birthdays this week, including Douglas Gatlin, Peter Marks, Phyllis Knight, Bonnie Douglas, and Judy Kilpatrick. Help us to remember the blessings in our lives.

You are invited to add your prayers of thanksgiving, silently or aloud.

This day and always,
Christ be our Light.

Shine, O God, as the Light that creates, the Light that calls, the Light that comes again with every dawn. Shine as the Light that scatters every shadow, and the Light in which we promise to walk, with your help. **Amen.**

Confession and Absolution

Let us confess our sins to God.

A moment of silence

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The Presider offers Absolution.

The Peace

Presider The Peace of the Lord be always with you.

People **And with thy spirit.**

Announcements

The Holy Communion

Offertory

Presider All things come of thee, O Lord

People **And of thine own have we given thee.**

The Great Thanksgiving *Eucharistic Prayer II*

Book of Common Prayer, p. 340

Presider The Lord be with you.

People **And with thy spirit.**

Presider Lift up your hearts.

People **We lift them up unto the Lord.**

Presider Let us give thanks unto our Lord God.

People **It is meet and right so to do.**

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God. Because in the mystery of the Word made flesh, thou hast caused a new light to shine in our hearts, to give the knowledge of thy glory in the face of thy Son Jesus Christ our Lord. Therefore with Angels and Archangels and all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

Holy, holy, holy, Lord God of Hosts:

Heaven and earth are full of thy Glory.

Glory be to thee, O Lord Most High.

Blessed is he that cometh in the name of the Lord.

Hosanna in the highest.

All glory be to thee, O Lord our God, for that thou didst create heaven and earth, and didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption.

He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks to thee, he broke it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them,

saying, "Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for all, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, we thy people do celebrate and make, with these thy holy gifts which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; and looking for his coming again with power and great glory.

And we most humbly beseech thee, O merciful Father, to hear us, and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the Body and Blood of thy dearly-beloved Son Jesus Christ.

And we earnestly desire thy fatherly goodness to accept this our sacrifice of praise and thanksgiving, whereby we offer and present unto thee, O Lord, our selves, our souls and bodies. Grant, we beseech thee, that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of thy Son Jesus Christ, and be filled with thy grace and heavenly benediction; and also that we and all thy whole Church may be made one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our Lord;

By whom, and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

The Lord's Prayer

Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread.

And forgive us our trespasses as we forgive those who trespass against us.

And lead us not into temptation, but deliver us from evil.

For thine is the kingdom, and the power and the glory for ever and ever. Amen.

The Breaking of the Bread

The presider breaks the consecrated bread. A period of silence is kept.

Presider Alleluia! Christ our Passover is sacrificed for us;

People **Therefore let us keep the feast. Alleluia!**

Invitation and Communion of the People

Presider The holy gifts of God for the holy people of God.

All are welcome to receive communion at Christ Church.

At this service, we distribute the sacrament at the altar rail. Gluten-free wafers are available, simply tell your server. You may either drink from the silver chalice or hold your wafer up to alert the server that you wish to wait to intinct (dip the bread) in the glass chalice, which will follow. If you would like to join the communion and not receive the sacrament, simply cross your arms over your chest, and we will offer a blessing instead.

Post Communion Prayer

Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

Blessing

Dismissal

Deacon Go in peace bearing God's love and light to the world. Alleluia, Alleluia!
People **Thanks be to God. Alleluia, Alleluia!**

—

The Beatitudes – Matthew 5:3-12

(from "The Message," a paraphrase of the Bible by Biblical Scholar Eugene Peterson)

"You're blessed when you're at the end of your rope.
With less of you there is more of God and his rule.

"You're blessed when you feel you've lost what is most dear to you.
Only then can you be embraced by the One most dear to you.

"You're blessed when you're content with just who you are – no more, no less.
That's the moment you find yourselves proud owners of everything that can't be bought.

"You're blessed when you've worked up a good appetite for God.
He's food and drink in the best meal you'll ever eat.

"You're blessed when you care. At the moment of being 'care-full,'
you find yourselves cared for.

"You're blessed when you get your inside world – your mind and heart – put right.
Then you can see God in the outside world.

"You're blessed when you can show people how to cooperate instead of compete or fight. That's
when you discover who you really are, and your place in God's family.

"You're blessed when your commitment to God provokes persecution.
The persecution drives you even deeper into God's kingdom.

"Not only that – count yourselves blessed every time people put you down or throw you out or speak
lies about you to discredit me. What it means is that the truth is too close for comfort and they are
uncomfortable. You can be glad when that happens – give a cheer, even! – for though they don't like
it, I do! And all heaven applauds. And know that you are in good company. My prophets and
witnesses have always gotten into this kind of trouble.

We raise to God those who are on our hearts and are in need of prayer:

Friends and Family of our Community

All who ask for prayers through our website

Anthony

Bob (friend of Nachin Bone)

Bruce Beamer (uncle of Nina Upshaw)

Betty

Charles

Coley Beggy (friend of the Hoffeditz Family)

Susan Best (sister-in-law of Jeff Taylor)

Moises Carera and the Carera family

Susan Catlette

Cecelia

Cindy

Eric Cozzens (son of Peter Cozzens)

Yvonne Dean (friend of Bonnie Douglas)

Kelly Doig (friend of Katie, Jackie & Katherine)

Daniel Epps (father of Cynthia Mitchell)

Gerald & Sandy Giddings (relatives of Liz & Bob Quinn)

John Godfrey (brother of Rena Godfrey)

Sandra Goldman (mother of Brad Christmas)

Gema Guarin (friend of Joan Centrella)

Rob Guzzon (father of a friend of Katherine Chatt)

Laura (friend of Betsy Robbins)

Doug Hanscom (friend of Emily Guthrie)

Lisa Harrison (friend of MaryBeth and Mike Etherton)

Earl Hill (godfather of Sean Quinn)

Terry Hodge (friend of Annie Seale)

Amanda Hoey (daughter of Anne Witt)

Bob Hoffman and his son Cornell

Floris & Rob Houston (friends of Joan Centrella)

John (friend of Mary Ellen Huzzard)

Nelly Jones (mother of Jennifer Jones)

Robert Kellam (cousin of Victoria Thanos)

Neal Klasky (friend of Lori Pujol)

Nancy & Pete Lane (sister & brother in law of Joan Centrella)

Abbi Livay (granddaughter of Ann Hagan)

Ray Martens (uncle of Roma Hart)

Martha (prayers for healing)

Maureen (friend of Donna Berkowitz)

Chris McCann (cousin of Katie Wallace)

Nick McGray (father of Craig McGray)

Meaghan Morin (Kensington neighbor)

Melanie Moxness (niece of Dwight Allen & Joan Centrella)

Miriam

Nicole

Dave Olson (father of Jenay Olson)

Cabrini Pak (friend of Dwight Allen)

Dawn Porter (friend of Liz McLeod)

Vivian Puricelli (mother of Lee Puricelli)

Ricky Reeves (grandson of Pat Reeves)

Robbie (friend of Sibbie O'Sullivan)

Andrew Rupli (son of Brenda Rupli)

Lori Richards (sister of Lisa Albright)

Sarah Rosenbaum (friend of Helen Urquhart)

Karen Sechrist (friend of Liz Quinn)

Margarita Serrano

Jerry Sheard (brother of Liz Quinn)

Scott Sherman (brother of Sara Thorne)

Sr. Margaret (friend of Leslie Everheart)

Naneita Smith (daughter of Calvin Smith)

Ben Sudbrink (son of Emily & Bill Sudbrink)

Rick V. (friend of Lori Pujol)

Mia Van Bee (sibling-in-law of Madison Chase)

Ronald Young (cousin of Patrice Whiting)

Those in our community in need of healing prayers:

Helen Paige Buck, Bonnie Douglas, Maggie Elgin, Anne Fox, Donna Gardiner, Jon Martineau, America Perez, Lissa Ramsepaal, Calvin Smith, Ellen Thomas, Helen Urquhart, and William West; all caregivers; all federal civil servants.

Those in need of continued prayer: Nora Buckley, Dorothy Clarke, Sara Cowan, Florence Crozier, David Dixon, Stephanie Feller, John Frohman, Ray Gardiner, Liz McLeod, Lee Puricelli, and Betsy Robbins.

We remember those in our community serving our country.

Clara Bartram, Alex Cox, Michael Cullinane, Alex Miller and David Hanna.

We remember those who have died: especially Jim Tavares (brother of Phyllis Knight); Jay Douglas (brother of Bonnie Douglas); William E. Cavill, Jr. (father of Stephanie Cavill Matthews).

We give thanks: for all in our parish who celebrate their birthdays this week, including Douglas Gatlin (2/1), Peter Marks (2/3), Phyllis Knight (2/4), Bonnie Douglas (2/5), and Judy Kilpatrick (2/7). Happy Birthday!

Have we missed your birthday? Please let us know!

Send your prayer requests to emily@ccpk.org

Staff

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Alex Thomas

At large Vestry Members

Terri Clausen
Linda Daisley
Claudia Deane
Rena Godfrey
Aime Keith
Jason Paige
Sean Quinn

Property

Bob Quinn

This Week at Christ Church

Sunday, February 1 – Fourth Sunday after the Epiphany

8:00 AM Holy Eucharist, Rite I, In person only
9:30 AM Children's Faith Formation, Parish Hall & Classrooms
10:00 AM Children's Chapel, Parish Hall
10:00 AM Holy Eucharist, In Person and Live Streaming on YouTube
11:30 AM Christ Church: Connect!, Church Library
11:30 AM Choir Rehearsal
4:00 PM Bible Study, Church Library and Live on Zoom
5:00 PM Holy Eucharist, In person and Live on Zoom

Monday, February 2 – Office Closed

8:30 PM Compline, Live on Zoom

Tuesday, February 3

7:30 PM Holy Handcrafters, church library

Wednesday, February 4

6:30 PM Evening Prayer, Live on Zoom

Thursday, February 5

12:15 PM Prayers for Peace, Live on Zoom
7:00 PM Lectio Divina, Live on Zoom
8:00 PM Compline, Live on Zoom

Sunday, February 8 – Fifth Sunday after the Epiphany

8:00 AM Holy Eucharist, Rite I, In person only
9:30 AM Children's Faith Formation, Parish Hall & Classrooms
10:00 AM Children's Chapel, Parish Hall
10:00 AM Holy Eucharist, In Person and Live Streaming on YouTube
11:30 AM Faith & Science Panel Discussion, Parish Hall
11:30 AM Choir Rehearsal
4:00 PM Bible Study, Church Library and Live on Zoom
5:00 PM Holy Eucharist, In person and Live on Zoom

Worship Leaders

Usher

Jeff Taylor

Lector

Anne Meyers

Clergy

Rector

The Rev. Emily Guthrie

Assisting Priest

The Rev. Hope Christensen

Deacon

The Rev. Sara Thorne

Office Information

Normal Office Hours:

Tuesday - Friday

10 a.m. - 6 p.m.

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