

JUMPSTART FOR NEWLY DIAGNOSED

A 8-session group for folks newly diagnosed with HIV who want to explore how to navigate their diagnosis, health-care, legal system, mental health & peer support.

Two options available:

A: Tuesday starting **March 4th | 5:30 to 7:30 pm at Casey House**

B: Friday starting **March 7th | 3:30 to 5:30 pm at HQ Toronto**



For more information or to register, please email us at **MHSgroups@actoronto.org**

Or scan this QR code:

