



# Volunteer Opportunities

1. Call or write to the 30+ club members who do not join the virtual meetings as a friendly gesture of concern. Please contact Secretary Mitch Schonfeld via text 201-233-8255 or email [mschonfeld@bergenfamilycenter.org](mailto:mschonfeld@bergenfamilycenter.org) to participate in this activity.
2. Volunteer Opportunity at **Flat Rock Brook Nature** Center as docent to assist the staff on the weekends during spring, summer and fall. Shifts are 3 hours long. For more information contact Steve Wiessner at [steve@flatrockbrook.org](mailto:steve@flatrockbrook.org)
3. **Feed the Frontlines Opportunities**: Drive meals from Ridgewood to various locations in the County. This is the sign up for that:  
: <https://www.signupgenius.com/go/9040b4daca2ca0f58-feed3>
4. **Another Feed the Frontline Opportunity**: Hand out meals at SESCIL in Englewood on Wednesdays. Here is the sign up for that:  
: <https://www.signupgenius.com/go/10c0c49aaac23a2f8c52-feed>
5. **Achilles N.J.** Zoom with Differently Abled Athletes on 3/24 at 7 P.M. The athletes and guests will play a musical trivia game hosted by Achilles Guide Raj Karnani. Zoom link: <https://us04web.zoom.us/j/75997421140?pwd=aU1SOXhnZGxBczhtTU9Da2xmbIBwUT09>; Meeting ID: 759 9742 1140; Passcode: Achilles
6. **The Office of Concern** requires 2 volunteers on Mondays and one volunteer on Tuesdays and Wednesdays, from 8:30- Noon, or a portion of that time. Please call Christine Barrett at 201-568-1465 and notify her that you are a member of Rotary to make arrangements to volunteer.