Greetings Fresh Food Fans,

Before we talk about your 4th of July picnic, we need to spend a minute reviewing our CoVid-19 protocols.

We are so appreciative that almost all of you are wearing masks and using our handwashing/sanitizer as you enter the market. Where things are falling apart is in the socializing department. We get it. It's so fun to run into friends, especially now. However, we are in the midst of a pandemic and the numbers are not going down. Last week in particular we noticed lots of people stopping to chat close together. Please remember that we must have social distancing and because of our layout, there simply isn't room within our footprint to have people grouped in conversation.

If you want to reconnect, may we suggest a socially distant walk together in the park which is just behind the market? Thanks so much for helping us get this right.



Now onto those 4th of July plans. We have gorgeous salad fixings! Howbout a Yarmouth Farmers Market Greek Salad with greens, tomatoes, cucumbers from our produce vendors, fresh cheese from Stillbrook Acres and olives from Dafni Greek Products? Throw some chicken, lamb or veggie skewers on the grill and wrap up all that deliciousness in a slab of flatbread from Clover Hill Bread for a really tasty meal.

Speaking of grilling, be sure to visit Captain Mowatt's stall this week. They only come once a month, and in addition to their award winning hot sauces, they've have a tasty array of condiments including a brand new curry ketchup. Pick up a few extra bottles for the heat seekers in your life. (My xmas stocking always has a bottle of canceaux sauce in it.)

Eat Well and Happy 4th!

Amy