Hello Fresh Food Fans,

One of the things I love most about the market is interacting with the farmers and small business owners and learning more about their aspirations.

If you're a regular at the market, you've probably purchased veggies from Muhidin Libah and the crew at the Liberation Farms stand. (Delicious kale varieties!) The farm is the Somali Bantu Community Association's Community Farm program.



Their Mission: to provide new American farmers access to, and culturally-appropriate resources for, the means of sustainable food production for themselves, their families, and their communities.

Right now, these new American farmers grow their food at a patchwork of locations, which any farmer would tell you makes farming more complicated, time consuming and costly than it needs to be.

Earlier this year, they found their dream farm -- a 107 acre property in Wales -- and the SBCA partnered with Agrarian Trust to raise the $367,000 needed to purchase the property.

For these refugees, the farm would offer so much more than a place to grow vegetables.

"For the last 30 years we have been refugees, moving through different towns in Somalia and living in refugee camps in neighboring Kenya. For 30 years we have been looking for a place we can call home. Home in our community means a place that is safe and secure, where we can farm freely and where we can exercise our cultural traditions. Getting this property will check all the boxes and for the first time we have a place we call home." -Muhidin Liba

To learn more about the project, you can talk to Muhidin at the market or visit the website.

As for our corner of the world on Main Street,, we welcome two new seasonal vendors this week, the Yarmouth Lion's Club will offer fresh squeezed Lemon Lucies and gardeners from Shaker Village will join us with fresh and dried culinary herbs.

See you Thursday!

Amy