

### **Three pieces of information that can be used for publicity**

Renew, Re-form, Reconnect (R3) is a seminar sponsored by the CNH District focusing on personal wellness. It will be held in our region \_\_\_\_\_ . Find more information on the District website: [www.cnh-lcms.org](http://www.cnh-lcms.org) or in the InTouch.

---

The Rev. Dr. Darrell Zimmerman will be the speaker at the Renew, Re-form, Reconnect (R3) seminars being held in early 2022 in each of the CNH's regions. For more information of content, dates, and times, look on the District website: [www.cnh-lcms.org](http://www.cnh-lcms.org) or in the InTouch..

---

After months of distancing, there will be a time to learn together with fellow workers in the Kingdom at the District's sponsored seminars early in 2022. Renew, Re-form, Reconnect (R3) seminars will focus on personal wellness and will be held in each region. For more details, check the District website: [www.cnh-lcms.org](http://www.cnh-lcms.org) or in the InTouch.