



For Everyone

If You Need to Reset Your HM Network Password – No Calling Required

Did you know you can reset your network password without calling the IT Help Desk? If your password expires or you don't remember it, use the self-service options below:

On Network/VPN:

- Change your expiring password by clicking [here](#).
- If you forgot your password, visit apps.houstonmethodist.org and click **Forgot Password**.

Off Network:

- First, register your smartphone (work or personal). This enables you to receive a passcode to log in.
- If you forgot your password, log in to apps.houstonmethodist.org, enter your user name and follow the prompts to receive a passcode. Enter the passcode sent to you and select **Forgot Password** on this screen

HOUSTON
Methodist
LEADING MEDICINE

Please log on

User name

Password

Log On

[Forgot Password](#)