



## **'SCREENAGERS'**

### ***GROWING UP IN THE DIGITAL AGE***

*An award-winning film that probes into the vulnerable corners of family life and depicts messy struggles over social media, video games and academics. The film offers solutions on how we can help our kids navigate the digital world.*

#### **Date and Time**

**Tuesday, March 19, 2019**  
**6:00pm - 8:00pm**

#### **Location**

**Heron School**  
**5151 Banfield Dr. Sacramento, 95835**  
**(In the Multipurpose Room)**

#### **The workshop will include:**

- Viewing of the film "Screenagers"
- Opportunity to debrief and answer questions with school psychologist Kallicye Holloway and principal Amy Whitten

#### **Registration is Required**

Online registration at [www.natomasparentuniversity.com](http://www.natomasparentuniversity.com). Walk-in registration available at the event upon space availability. Dinner and child care provided.

#### **Questions?**

Call 916-473-0053. Child care for ages 2-10 for pre-registered families. Spanish translation and other languages available upon request.



**Heron School**  
**PTSA®**  
*everychild.onevoice.®*

  
**Natomas**  
Unified School District  
*Connecting students to their future*