



Dear Gold Medal Fitness Members and Friends,

One thing we can all feel during the holiday season is gratitude. That's why we extend our personal thanks to you—for showing up, for trusting us with your health and fitness, for your smiling faces, your support, and your dedication.

Because of you this year was a big one. We completed the renovations of our facility, purchased all new state-of-the-art cardio equipment, revitalized our Parisi Speed School program and continued to serve our Gold Medal Fitness, Fifth Quarter Training, and Wheel House members with the best training and programs in the area. We're particularly glad to share that our membership base has turned around and is back on a path of growth.

What are we planning in 2022? You can look for continual improvements to the facility, additional equipment, the reopening of our childcare room and lots more. We're excited about the things to come and look forward to another great year together.

We're sending you these holiday coupons to be used for yourself and loved ones during the holiday season. Please enjoy them, and if you need additional don't hesitate to ask.

On a personal note, you may have noticed that I've reduced my involvement with the club. I've been fortunate to be able to entrust the operations of the club to our General Manager, Bradley Jones. After being in the fitness industry for 43 years, it's nice to take a step back, relax a little and focus on some other adventures.

Have a very Blessed Christmas, New Year, Chanukah and Holiday Season, and may God keep you and your family safe, healthy and full of a grateful heart.

Sincerely,
Gary Patti, Bradley Jones and the entire Gold Medal Fitness staff



CHAMPION OR BASIC
MEMBERSHIP

\$0 ENROLLMENT FEE

Non-Members ONLY • 12-Month Membership
Expires 1/31/2022



20 PRIVATE SPORTS-SPECIFIC
TRAINING SESSIONS
SAVE 15%

Expires 1/31/2022



FIFTH QUARTER
TRAINING

1 MONTH \$97

New Clients ONLY • Expires 1/31/2022



WHEEL HOUSE
ELITE CYCLE STUDIO

1 MONTH \$39

New Clients ONLY • Expires 1/31/2022



PERSONAL
TRAINING

60-MINUTE PACKAGES
10-PACK - SAVE \$100
20-PACK - SAVE \$200

Expires 1/31/2022



12-MONTH MEMBERSHIP
SAVE \$50

Champion or Basic Paid in Full Membership
Expires 1/31/2022



ONE WEEK FREE!

New Clients Only • Expires 1/31/2022