

Activity 1: Have fun reflecting on your relationship with water

People have a long history of relying and using water. Water can be used for farming, drinking, and washing but it can also be used for so many different fun activities. In history, there have been Gods of water such as Poseidon and Neptune. People asked these Gods for safe passage across bodies of water and many thought that if ships went down or tsunamis occurred, it was because they had been angered.

What is your relationship with water? Do you enjoy a water sport such as kayaking or swimming? Do you love gardening and use water to help your plants grow? Do you play a sport and rely on water to keep you hydrated? No matter what you do in your life, water is a part of it!

In an effort to better understand our relationship with water, let's calculate our water footprint. A water footprint is the amount of fresh water utilized by a particular person or group. You can calculate your water footprint [here](#).

Activity 2: Celebrate water art and create your own

Paintings that show water or art made by water are very popular in the world. Here are some popular paintings that show water:



And here are some art made with water:

[Paper Marbling](#)

[Watercolor Sunset](#)

Pictures that include water are also art!



Did you get some inspiration? Try making some art that includes water!

Activity 3: Learn about animals that live in the water

Scientists say that there are over 1 million species that live in the ocean. That's almost 20% of all living species! So what do these species look like? Watch these fun videos:

[Colorful Sea Creatures](#)

[Underwater National Park](#)

[What Live At The Bottom Of The Mariana Trench?](#)

Here are some videos that are just as cool but just a bit longer:

[Best Ocean Life 2018](#)

[Creatures of Light Underwater](#)

[Secret Life in Oceans – Ocean Monsters](#)

If you have Netflix or Disney Plus, there's also a really cool documentary by Disney Nature called Oceans!

Attention! You have completed Part 1 of the Ambassador Water Badge. Part 2 will be in next week's Grow From Home Newsletter!