

Carteret: 732-541-6221 Edison: 732-452-0377 Old Bridge: 732-607-1582 Perth Amboy: 732-442-0930	MIDDLESEX COUNTY SENIOR MEAL PROGRAM OFFICE OF AGING AND DISABLED SERVICES 75 BAYARD ST., NEW BRUNSWICK, NJ 08901 732-745-2062	Piscataway: 732-743-9844 Sayreville: 732-254-4299 So. Brunswick: 732-329-6171 So. Plainfield: 908-753-1040
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April 2024 Regular Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: right;"><b>1</b></p> Stuffed Shells Italian Mixed Vegetables Lemon Chickpea Salad Garlic Bread Vanilla Pudding	<p style="text-align: right;"><b>2</b></p> Meatloaf Mashed Potatoes w/ Gravy Brussel Sprouts Minestrone Soup Pumpnickel Bread Fresh Apple	<p style="text-align: right;"><b>3</b></p> <p style="text-align: center;"><b>Boxed Lunch</b></p> Turkey and Swiss Sandwich	<p style="text-align: right;"><b>4</b></p> Kielbasa Pierogies w/ Sauteed Onions Sauerkraut Ceasar Salad w/ Croutons Club Roll Peaches	<p style="text-align: right;"><b>5</b></p> Crab Cake Lemon Rice Sliced Carrots Potato Salad Whole Wheat Bread Mixed Fruit
<p style="text-align: right;"><b>8</b></p> Beef Chili Spanish Rice Green Beans Cole Slaw Corn Bread Yogurt	<p style="text-align: right;"><b>9</b></p> Sweet and Sour Chicken Brown Rice Asian Vegetables Carrot and Ginger Soup Multi Grain Bread Pineapple	<p style="text-align: right;"><b>10</b></p> Stuffed Chicken w/ Gravy Mashed Sweet Potatoes Broccoli Florets Spinach Salad w/ Cranberries Dinner Roll Fresh Orange	<p style="text-align: right;"><b>11</b></p> Stuffed Pepper White Rice Mixed Vegetables Spring Salad Mix w/ Tomatoes Garlic Bread Diced Pears	<p style="text-align: right;"><b>12</b></p> Breaded Pollock Macaroni and Cheese Collard Greens Black Bean and Corn Salad Pumpnickel Bread Oreo Cookies HDM: Diet Vanilla Pudding
<p style="text-align: right;"><b>15</b></p> Roast Beef w/ Gravy Mashed Potatoes Cauliflower Cole Slaw Whole Wheat Bread Mixed Fruit	<p style="text-align: right;"><b>16</b></p> <p style="text-align: center;"><b>Boxed Lunch</b></p> Tuna Salad Sandwich	<p style="text-align: right;"><b>17</b></p> Chicken and Veg Dumpling Brown Rice Asian Vegetables Caesar Salad w/ Croutons Dinner Roll Yogurt	<p style="text-align: right;"><b>18</b></p> Chicken Cacciatore Penne Pasta Broccoli Florets Spinach Salad w/ Cranberries Garlic Bread Fresh Apple	<p style="text-align: right;"><b>19</b></p> Cheese Omelet Hash Browns Turkey Sausage Links Ambrosia Salad Croissant Oatmeal Raisin Cookie
<p style="text-align: right;"><b>22</b></p> Cheeseburger Seasoned Diced Potatoes Mushrooms and Onions Macaroni Salad Hamburger Bun Applesauce	<p style="text-align: right;"><b>23</b></p> <p style="text-align: center;"><b>Boxed Lunch</b></p> Egg Salad Sandwich	<p style="text-align: right;"><b>24</b></p> Ham w/ Pineapple Sauce Wild Rice Pilaf Peas and Carrots Spinach Salad w/ Cranberries Multi Grain Bread Pineapple	<p style="text-align: right;"><b>25</b></p> Swedish Meatballs Mashed Potatoes Mixed Vegetables Spring Mix Salad w/ Tomatoes Pumpnickel Bread Fig Newton Cookies	<p style="text-align: right;"><b>26</b></p> Eggplant Rollatini Saffron Rice Italian Mixed Vegetables Escarole and Bean Soup Garlic Bread Yogurt
<p style="text-align: right;"><b>29</b></p> Chicken Jambalaya Spanish Rice Corn Navy Bean Soup Corn Bread Fresh Orange	<p style="text-align: right;"><b>30</b></p> Macaroni and Beef Casserole Mixed Vegetables Cucumber and Tomato Salad Multi Grain Bread Ice Cream HDM: Lorna Doone Cookies		<p><b>Please note that all menus:</b></p> -May change due to unforeseen circumstances. -Include 8oz. 1% milk and 4oz. 100% juice. -HD and diabetic clients will receive light or sugar-free desserts.	