South Brunswick Senior Center/Office on Aging

Monthly Newsletter /November 2026

Happy Veterans Day!

** Veterans Day is celebrated to honor and thank those who served in the United States Armed Forces. Veterans Day is also an opportunity to acknowledge the courage and dedication of veterans' service to our country. **

We are grateful to all Veterans for their courage, dedication, and service to our country. Their sacrifices have helped protect the freedoms and opportunities we value today.

A special thank you goes to the members of our senior center and their loved ones who served in the military.

We honor your service, appreciate your sacrifices, and are proud to have you as part of our community.



Recent Veterans Group trip to Battleship Camden

Center Happenings

Adult Coloring- 1st Tuesday of the month **10:30am** Enjoy coloring and making new friends.

APSEA- **Last Tuesday Monthly 9:30am – 11:30pm in the Atrium**- **A**merican **P**reventive **S**creening and **E**ducation **A**ssociation empowers communities to prevent diabetes and hypertension. FREE BMI/BP Screening.

Beginners Billiards Lessons – 1st Friday 10am w/ Richie Venuto 2nd Friday 10am w/ Richie Venuto SIGN UP

Book Club- **Thursdays 1:30pm Aud.1** Join our weekly book club where we chat about literature and so much more! Partnered with the South Brunswick Library, a book is chosen for the group and we set a discussion date so members can read at their own pace. **No Club – 11/5**

Ceramics- Thursdays 9:30am – 11:30am Each class is $3.00 (class card is $15.00)
Cost includes glazes and kiln firing. Additional $3.00 charge for firing x-large pieces.

Culture Connection- Fridays 12:00pm- 1:00pm in the Art Room- This program will be facilitated by Geeta Bala, Jyoti Patel, and Jyotsna Agarwal. Join this friendly trio in bridging the gap between cultures by teaching English through active and creative expression. **PLEASE SIGN UP**

Garden Guild- Meets Second Wednesday of the Month in the Art Rm 12:30pm- Join facilitators Steve Esser and Greg Monticchio for all things green thumb! This club brings together plant lovers to share growing tips, swap seeds, cuttings, and also help you find broader networks and project ideas.

Karaoke Club- **Tuesdays at 10:30 -11:50 Aud.1**- Join us for a fun filled hour of singing along to music. All music genres, all languages, and all levels of singing is welcome! Hosted by Rajesh and Sharad.

Lotus Flow- Fridays at 1:30- A collaboration of Meditation, QiGong, Sound Healing, and Reiki. Together practitioner's Bart, Sylvia, and JillAnn bring you a unique, transformative, and non- invasive healing experience achieved through vibrational sound, breathwork, and life force energy. **November 6, 13, 20 23 Sign up for each day**

Match-War with AI- Wednesdays at 9:30am Aud. 2- MATCH-WAR is an exciting card game where the players must pluck a card to find their MATCHING card within 30 minutes.

Mexican Train Dominoes with Bob- **Mondays 12:30pm- Aud.2 CHECK THE CALENDAR FOR DATES**
Dominoes with a twist! So much fun!

Photography Club – Art Room- Third Wednesday of the month 12:30pm- All levels of photographers are welcome to come share their knowledge, pictures, and favorite photogenic spots.

Pins & Needles- 2nd & 4th Thursday monthly 1 – 3pm Looking for a facilitator. Join this friendly and supportive community for sewing enthusiasts of all skill levels to work on personal or group projects, and share experiences and knowledge. **Must bring your own machines, supplies and materials.**

Rooted Remedies- Tuesdays- 2:00pm- CHECK CALENDAR FOR DATES Are you curious or seeking knowledge about holistic modalities and remedies? **PLEASE SIGN UP PER CLASS**

Rummikub Klub- Thursdays 10:00am – 11:30am- Facilitated by Helen Shropshire Interested players welcome. If you'd like to learn how to play, pop on into Aud. 2 on Thursdays.

Spanish Lessons - 2nd Tuesday & 2nd Wednesday of the Month 2:00pm -3:0pm with Barbara Lee

Storytelling- Third Wednesday of the Month in place of Writing Away 10:30am Every life has stories to tell, and we want to hear yours. Come share your stories!

MOVIE: I am Sam- Monday, November 30th 1:00pm "I Am Sam" is the compelling story of Sam Dawson (Sean Penn), a mentally-challenged father raising his daughter Lucy with the help of a unique group of friends. 2H 12M

TED Talk Discussion Groups- Mondays 1:30pm-
11/16- How Tech will (and will not) replace your doctor
11/23-Yaniv Erlich: How we're building the world's largest family tree

UNO No Mercy – Tuesdays 9:30am Art Room- is a more intense version of the classic card game UNO, featuring tougher action cards and new rules. So much fun!!

Veteran's Group- Meets the **second Tuesday monthly** at **10:30am** in the Conference Room..

What's On Your Mind? – We have a variety of topics during this discussion group plus trivia, fun facts, riddles, news **stories, etc. Fridays 1:30pm**

Writing Away- Wednesdays 10:30am Friendly group gathering to creatively write, read and share their work.

November Special Events- Sign up begins Tuesday, October 13th

Upcoming Art Classes:

Art with Christina- November 9 – December 18 6wks $42

Artflow with Sangeeta- November 6 – December 18 6wks $42

Mahjong Lessons w/ Gail – (Mondays) November 9th – April 12th 1:15pm

Deadline for Sign up is Monday, November 2nd

This is a FIVE MONTH CLASS you are committing to.

Beading 101 - Wednesday, November 4th 1:30pm- Join Smita for a class in the Art of Beading. All supplies included. **If you can't make the class you MUST call to cancel.**

The BIG GARBA- Wednesday, November 4th 12:15pm – 1:00pm- Sponsored by the Indo American Cultural Foundation of Central NJ and Merwick Care & Rehabilitation- Join us for our annual Garba Celebration! **SIGN UP IS REQUIRED - THERE IS NO WAITLIST - SHOES ARE A MUST**

Mindful Connections: Art Therapy Session- Thursday, November 5th 1:00pm – 2:00pm- Participants who sign up for this event must register with Mimi to take the 3pm bus. This program is designed to promote creativity, connection, and emotional well-being. No artistic experience is needed.

LIHEAP Application Table- Tuesday, November 10th 10:30am – 1:30pm- NORWESCAP is one of the agencies that administers the Low-Income Home Energy Assistance Program (LIHEAP) for Middlesex County. We are excited to offer an on-site LIHEAP application day at the center. **NORWESCAP** staff will be present on-site to assist members directly with the application process. **Also here on 12/1**

Art Lecture w/ Bart- Tuesday, November 10th 12:30pm- Norman Rockwell

Holiday Wreath Making- Thursday, November 12th 12:15pm- Sponsored by Merwick Care & Rehabilitation- Join us for a heart warming craft session making wreaths and reminiscing.

Let's Make a Deal- Thursday, November 19th – Sponsored by Brandywine- 12:30pm- Contestants often dressed in a wide variety of original costumes -- will still compete for money and prizes by striking wacky deal. How far will you go to make a deal??

Nutrition Lecture: Gut Health - Tuesday, November 24th – 12:30pm- Join Maryrose, Registered Dietitian for Middlesex County Office of Aging, as she offers practical tips to help you boost your gut health.

November Operating Updates:

November is a busy month with many holidays which will affect our regular operating hours

Tuesday, November 3rd - CLOSED- Election Day- ***Get out there and vote.***

Wednesday, November 11th – CLOSED- Veteran's Day- ***Thank you to all our Veteran's for your Service!***

Wednesday, November 25th – SUBJECT TO EARLY CLOSING- ***Lunch will be served 11am – 11:45am***
There will be NO Transportation other than Shopping and Medical Appointments on this day.

Thursday, November 26th – CLOSED- Thanksgiving – ***We are Thankful for all our Members!***

Friday, November 27th – CLOSED – ***Thanksgiving Recovery Day- Pajamas and Netflix Oh Yeah!!***





December - Save the Dates- Sign up begins Monday, November 16th

Beading 101- NO CLASS THIS MONTH Join Smita for a class in the Art of Beading. All supplies included. **If you can't make the class you MUST call to cancel.**

LIHEAP Application Table- Tuesday, December 1st 10:30am – 1:30pm- NORWESCAP is one of the agencies that administers the Low-Income Home Energy Assistance Program (LIHEAP) for Middlesex County. We are excited to offer an on-site LIHEAP application day at the center. **NORWESCAP** staff will be present on-site to assist members directly with the application process.

Samba Dance Fitness with Merwick- Wednesday, December 2nd 12:30pm- Join Kelly from Merwick Care & , Ileene from Oasis Senior Advisors and Jill from Platinum Home Care, this dynamic trio is bringing us a FREE Samba Dance Fitness Class today in Auditorium 2. Sign up



Frosty's Surprise Giftaway- Thursday, December 3rd 12:30pm - 2:00pm
Participants bring a wrapped gift of $15 value. If you are unable to match the gift value please do not sign up. The goal is that EVERYONE receives a gift of the same value. Each participant is assigned a random number, and then one at a time each person unwraps a gift or steals a gift from someone else. The game is finished when everyone has a gift.
** **This is a SIGN UP ONLY EVENT with limited space. Must take the 3pm bus. When you arrive at the center drop gifts with the office staff the morning of the event.**

Name that Tune with DJ L.A.- Friday, December 4th 12:30pm – 1:30pm- All right all you music lovers, it's your time to shine. DJ L.A. is going to bring us down memory lane and delight us with snippets from the 40's, 50's, 60's, 70's and 80's. Can **YOU** name that tune!

THE GOOD NEWS ABOUT HOSPICE- Tuesday, December 15th 12:30pm- this presentation is designed to clear up common misconceptions about Hospice care while helping individuals and families understand the many benefits and services available through the program. Attendees will learn when Hospice is appropriate, how it supports both patients and loved ones and why understanding these resources before they are needed can provide comfort, clarity, and peace of mind. Presented by Laurie Warren from Penn Med.

Bhargavi's Flutes- Monday, December 28th 12:30 – 1:00- Join South Brunswick 8th grade student Bhargavi for an introduction to the Indian Bamboo and Western Flutes.

WANT TO ATTEND FITNESS CLASSES OR USE OUR GYM?

Sneakers and Proper attire are REQUIRED in both gyms.
Shoes must be changed before entering either gym during inclement weather.
***WORKOUT GYM IS OPEN 8:45am – 4:15pm**

Cost: Fitness Classes are $3.50 per class. Two payment options are available

10 Class Card for $35.00 – Buys you any 10 classes of your choice. Repurchase when your card is full.
Monthly Class Card- Unlimited Classes (that month) of your choice for $40.00. Repurchase monthly.

Class Descriptions

(all classes can be modified to accommodate all fitness levels)

Body Sculpting – **Mondays 11:00am Wednesdays- 10:30am**
This total body exercise class can accommodate everyone's fitness level. Exercises can be done standing or seated. Stretching is done at the end and we finish with a one minute challenge.

Chair Yoga- Thursdays 11:30am Class is done seated with some standing poses.
Strengthens your muscles, improve your balance, reduce stress and open your heart through modified yogic postures, breath work, relaxation, and meditation. **We do not supply blocks, straps or bolsters, if you need them please bring them with you.**

Chair Aerobics- **1st and 3rd Tuesday of the month 11:15 – 12:15**- Chair aerobics, is a low-impact workout that involves aerobic exercises while seated in a chair to improve cardiovascular health, strengthen muscles, and maintain mobility. It's designed for people with limited mobility or those returning to fitness.

Garba Dancing- November 4th 12:45 pm Open to all center members!! **Garba** is a **dance** that honors the divine feminine form, it's great cardio, and so much fun! Come join us! **FREE MUST SIGN UP- SHOES ARE REQUIRED THIS IS IT!! Don't miss our annual BIG Garba!!**

Line Dancing - 2nd and 4th Tuesday of the month 10:45 – 11:45 Facilitated by Carol Forte, join this group for some serious fun while staying fit! Line dancing is a choreographed group dance using a repeating sequence of steps while arranged in one or more lines or rows. Dance to some of today's popular line dance music. **FREE**
On Hiatus Until Further Notice

Gentle Mat Yoga with Cynthia from Penn Med- 2nd Wednesday Monthly Beginning in DECEMBER 12:30pm- Please come prepared with your Mat. **Don't forget your blocks, straps and bolsters if you need them. This is a FREE class- sign up at the office**

Pickleball - Check calendar for daily times. Sign up and check in each day at the table outside the gym. **Priority is given to new players for the first 30 minutes of each day.**
For beginners we offer a class once per month with our South Brunswick Pickleball Club on the last Thursday of the month. **Sign up for the beginner's class is required.**

QiGong- Thursdays 10:00am- Bring your own Mat! Qigong is a Chinese practice that combines breathing, movement, and meditation to improve health and well-being. The word "qi" means "life force" and "gong" means "work" or "gather". **Please wear YOGA SOCKS, no bare feet. FREE MUST SIGN UP.**

Sweatin to the Oldies – **Tuesdays 12:30pm** Class is done standing. Cardiovascular exercise using popular music mostly from the 50's, 60's & 70's.

Zumba - Wednesdays at 9:30 and Friday's at 10 AM Dance & aerobic movements performed to energetic music. The choreography incorporates hip-hop, samba, salsa, merengue and mambo. Zumba routines incorporate interval training, alternating fast and slow rhythms — to help improve cardiovascular fitness.

South Brunswick on the Move… Road Trips!!

Oh, the places we will go…

Elegant Dining Trips- Save the Dates

(No lottery drawings just sign up at the office)
Separate checks are not available- MUST bring cash on the day of trip unless the restaurant is prepaid. Thank you!

Date of Trip	Restaurant	Registration Opens	Registration Closes at 4pm
October 13	Crown Palace	September 9	October 2
November 13	Naa Mo Thai	October 5	November 2
December 16	Sofra Turkish Grill	November 6	December 1

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Club News

Senior Advisory Council (SAC)– a 13 member board appointed by the Mayor and Township Council who discuss issues that impact the Senior Center. Everyone is welcome.
Township Liaison: Councilwoman Archana (Ann) Grover **Chair**: Geeta Balasubramanian
Meeting: Thursday, November 5th 10:30am **All are welcome to attend**

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FRIENDS – Friends is a 501(c)(3) non-profit organization raising funds to promote and supplement the Senior Center activities as well as improve the lives of seniors. **Dues:** $15.00/year (resident seniors). Membership forms are available at the office or on our website. See **"FRIENDLY Matters"** for updates
President: Barbara Christiano **Email**: mcjh1972@gmail.com
Vice Pres – Paul Dwyer * **AVP/ Membership**- Gupta Shikaram * **Secretary**- Jane Soohoo
Questions on FRIENDS Trips/Programs: Paul Dwyer **Email:** dbrx@aol.com
Sub-Committee Coordinators: Iffat Bhatti and Nafees Kahn
Meeting: Monday, November 9th 11:00am **NO Bingo this month**

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Bridge Club is BACK! **Facilitators:** Lynne Brown, Geeta Bala, and Satya Agarwal.
Tournaments: 2nd & 4th Wednesday of the month 12:30pm – 3:00pm MUST TAKE 3pm BUS
ALL PLAYERS ARE RESPONSIBLE FOR CORRECTLY SCORING THEIR OWN CARD. Sign up for Tournaments will be done with Lynne at the end of play the week prior to the next date. Table Schedule for next tournament will be made at that time and posted on the community board in the lobby.
Questions? email: satya.agarwal@gmail.com **Tournaments are: No tournaments this month**

Billiards Club- All welcomed to play daily. Lessons 1st & 3rd Friday of the month at 10am sign up at office
Pool club membership is required for tournaments. There is a $25 yearly membership fee.
Meeting: 1st Wednesday of Month at 11:00am Auditorium 1
Tournaments: For Inhouse Tournaments please check the calendar in the Billiards Room
League Tournaments- 11/5- Away vs Union Hard 8's 11/19- Home- vs Plainfield Eight Ballers
President: Naga Iyengar **Email**: nagasimhai@yahoo.com **Cell**: 848-702-2786

Golden Age Club- All are welcomed to join. **Meeting – 11/18 at 1:00pm (No bingo today)**
President: Aggie Schwartz **Dues**: $15.00 per year

SB Pickleball Club- Meeting- Wednesday, 11/4 11:05 – 11:30am before Tournament in the large gym
Dues: $25.00 annually **SBPC Pickleball Tournament: To be determined**
Pickleball Club Practice: Please check calendar for dates and times as they may differ.
Next Club Hangout: Pickleball Square Dance Friday, November 20th 1:30 – 3:30 Sign up with Ken & Patty
Board Members: Ken Patel, Patti Jensen, Nancy Kinal, Paul Nolan, Galo & Maryann Gonzalez
Questions: Please contact Ken Patel at sbpc.seniorcenter.nj@gmail.com

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Crochet/Knitting Club- Tuesdays, Fireside in the Lobby 10:00am – 11:30am Gather round the Hearth of our beautiful center with this friendly easy going group. Knitting and crocheting, all levels are welcome, this is not an instructed class. **Facilitators:** Jyotsna Agarwal, Iffat Bhatti, and Edy Nolan

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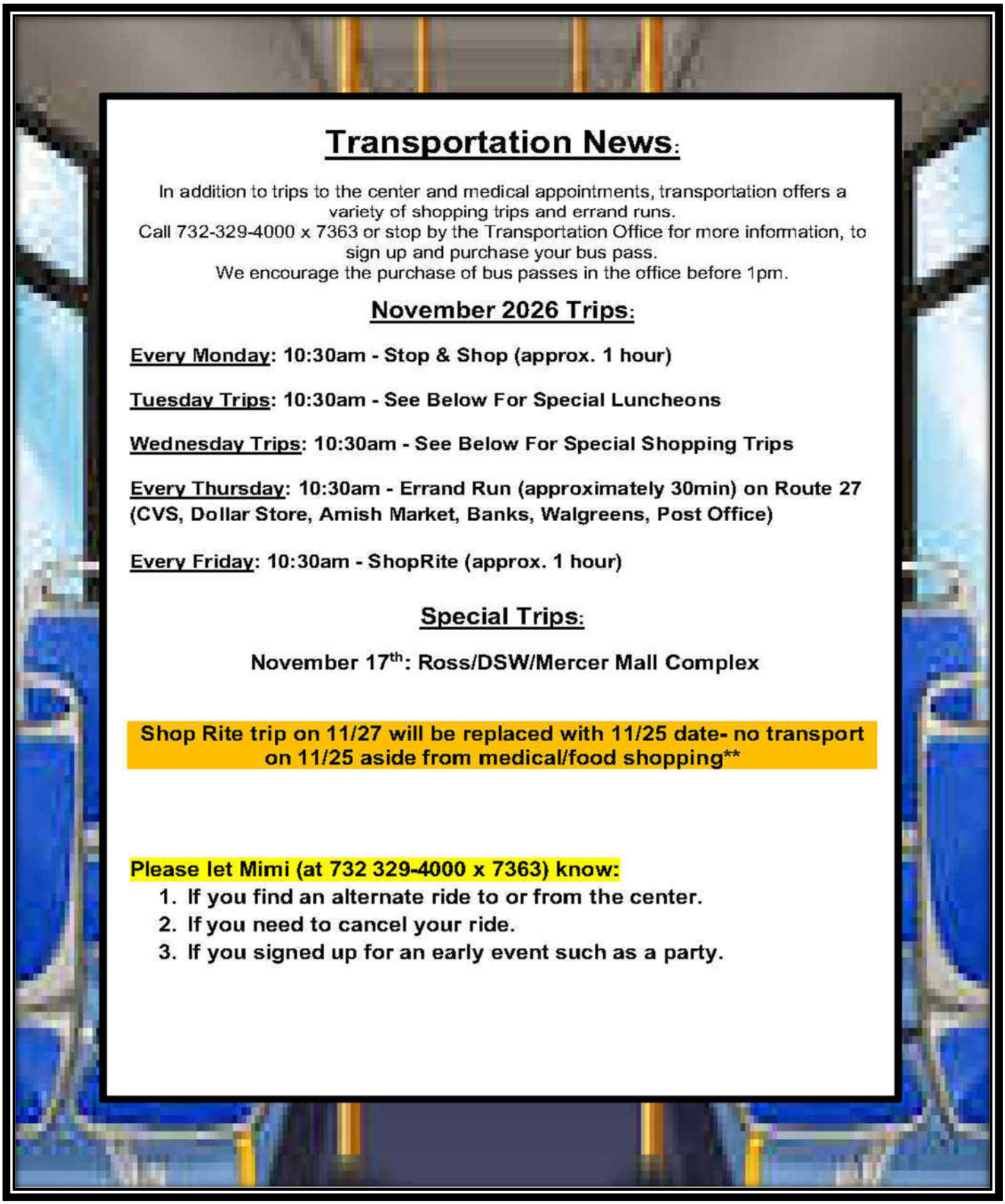
Mobile Library- Tuesdays 12:00pm – 12:45pm (outside main entrance)
Library Tech Help / Computer Lab – 2nd Thursday and 4th Monday 11/12 & 11/23

From the Desk of Dawn Neglia

Dawn Neglia, Director - Office on Aging- 732 329-4000x7682 Email: dneglia@sbtnj.net



Transportation News:

In addition to trips to the center and medical appointments, transportation offers a variety of shopping trips and errand runs.
Call 732-329-4000 x 7363 or stop by the Transportation Office for more information, to sign up and purchase your bus pass.
We encourage the purchase of bus passes in the office before 1pm.

November 2026 Trips:

Every Monday: 10:30am - Stop & Shop (approx. 1 hour)

Tuesday Trips: 10:30am - See Below For Special Luncheons

Wednesday Trips: 10:30am - See Below For Special Shopping Trips

Every Thursday: 10:30am - Errand Run (approximately 30min) on Route 27 (CVS, Dollar Store, Amish Market, Banks, Walgreens, Post Office)

Every Friday: 10:30am - ShopRite (approx. 1 hour)

Special Trips:

November 17th: Ross/DSW/Mercer Mall Complex

Shop Rite trip on 11/27 will be replaced with 11/25 date- no transport on 11/25 aside from medical/food shopping**

Please let Mimi (at 732 329-4000 x 7363) know:

1. **If you find an alternate ride to or from the center.**
2. **If you need to cancel your ride.**
3. **If you signed up for an early event such as a party.**

FOOD DRIVE

Monday, November 2nd – Thursday, December 31st

ITEMS NEEDED FOR FOOD DRIVE

COFFEE/ TEA/ HOT COCOA PARMALAT/BORDEN MILK BOXES	CANNED TOMATOES/ SAUCE CANNED VEGETABLES/ LEGUMES	OATMEAL/ FARINA/ CREAM OF WHEAT/ BOX CEREAL/ PANCAKE MIX / SYRUP
PASTA/ MACARONI & CHEESE PEANUT BUTTER & JELLY	CANNED FRUIT CANNED HEARTY SOUPS/ STEWS/ SOUP/BOXED BROTH CANNED MEATS (TUNA/ CHICKEN)	BAKED GOODS: (BOXED OR BAGGED) COOKIE/ BREAD/ MUFFIN/ CAKE/ BROWNIE MIX
CONDIMENTS: DRESSING, KETCHUP, MAYO, MUSTARD, COOKING OIL / JARRED GRAVY/ SPICES	SMALL BAGS OF PREPARED RICE/ NOODLES / STUFFING / INSTANT MASHED POTATOES BOXES/ POUCHES	PERSONAL ITEMS: SHAMPOO/ CONDITIONER/ TOOTHPASTE/ SOAP/ SHAVING CREAM etc.
GIFT CARDS: SHOPRITE/ALDI/STOP & SHOP/ WALMART/TARGET	SUPERMARKET GIFT CARDS	PET FOOD: CANNED AND DRY



Please hand all donations to a staff member at the office window.

All donations will go to the
South Brunswick Food Pantry

South Brunswick "FRIENDly" Matters

Contact **Barbara Christiano** at email: mcjh1972@gmail.com

FRIENDS is a non-profit organization raising funds to promote and supplement the Senior Center activities as well as improve the lives of seniors. Dues: $15.00/year **Details under "Club News"**

Upcoming FRIENDS Trips

Hunterdon Hills Playhouse

Friday, December 11th



$92.00 (includes meal, show, tax & gratuity)

- **If you're paying cash it's Exact Cash Only.**
- **If you are paying by check make it out to FRIENDS of the South Brunswick Senior Center.**

Sign up will be at the FRIENDS table in the Lobby:

Monday, November 16th
Tuesday, November 17th
Wednesday, November 18th

10:30am – 12:30pm

November Recipe Card

Cream of Pumpkin Soup with Bacon-Pepita Crunch

Credit to: By Lyda Jones Burnette Published: Sep 29, 2024

Ingredients



For Bacon-Pepita Crunch

Cooking spray
1 large egg white, beaten until frothy
2 cups raw pepitas
1/2 cup granulated sugar
1/2 cup light brown sugar
1/2 tsp. kosher salt
1/4 tsp. cayenne pepper
5 slices cooked bacon, chopped

For Cream of Pumpkin Soup:

4 Tbsp. (1/2 stick) unsalted butter
1 large sweet onion, chopped
3 carrots, chopped
3 ribs celery, chopped
Kosher salt and freshly ground black pepper
1 (2 1/2-pound) sugar pumpkin, peeled, seeded, and cut into 1-inch pieces
2 Granny Smith apples, peeled, cored, and chopped
4 sprigs thyme
2 (32-ounce) containers chicken stock
1/3 cup long-grain white rice
1/4 to 1/2 tsp. cayenne pepper
1/3 cup heavy cream
2 Tbsp. pure honey

Directions:

Step 1. Make Bacon-Pepita Crunch: Preheat oven to 300°F. Lightly grease a small rimmed baking sheet. Stir together egg white, pepitas, granulated sugar, brown sugar, salt, and cayenne pepper in a bowl. Transfer to prepared baking sheet. Bake, stirring once, 20 minutes. Stir in bacon and bake until lightly browned and fragrant, 10 to 15 minutes. Store in an airtight container in refrigerator up to 1 week.

Step 2. Make Cream of Pumpkin Soup: Melt butter in a large pot or Dutch oven over medium heat. Add onion, carrots, and celery. Season with salt and pepper. Cook, stirring occasionally, until tender, 10 to 12 minutes. Stir in pumpkin, apples, thyme, stock, rice, and cayenne pepper. Bring to a boil over medium-high heat. Reduce heat and simmer until pumpkin is tender, 28 to 30 minutes. Cool slightly; discard thyme sprigs.

Step 3. Puree, in batches, in a blender or food processor until smooth. Return to pot and stir in cream and honey. Season with salt and pepper. Serve topped with Bacon-Pepita Crunch.

How to Cut Up a Sugar Pumpkin: Start by removing the stem. (The skin is edible but, if desired, peel with a Y-shaped peeler.) Place the pumpkin, stem or root side down, on a cutting board, and use a sharp knife to cut in half vertically. With a sharp-edged metal spoon, scrape out the seeds and strings. Cut into desired size slices or cubes. **Serves 8 - 10**

Senior Center General Information

Senior Center Hours: Monday - Friday 8:30am - 4:30pm
Phone #: 732-329-4000 x7670
Website: www.southbrunswicknj.gov (Click Departments, then Senior Center)
Membership: FREE Become a member by filling out a registration form with proof of residence and age. If you have a family member living with you for at least 6 mos they are welcome to become a member.
Payments: The Senior Center only accepts **CASH** or **CHECKS** for payments of classes, **we do not accept credit cards and we do not accept bills larger than twenty dollars.**
Meals: We are a congregate meal site for Middlesex County. For a delicious hot meal, call Jodi or Mary at 732-329-6171. Lunch served at 11:30 am, Monday to Friday, must be 60+.
Home Delivery : Suggested donation: $2.75. (Payable by Check, Card or Money Order). Please call if you need home delivery.

Transportation Department - (Located In The Senior Center)

* Bus pass required (50cents each way). Purchase a $10.00 (or more) pass. Wheelchair Accessible Buses
* Reservations are required and should be scheduled no later than 3:45 pm for the next day pick up in order to be brought to the Senior Center, food shopping, weekly trips or on the errand shuttle. Please call for Medical transport with as much notice as possible. This is curb to curb service. AM pick up to come to the senior center and return at 1:45 PM and/or 3:15 PM
* To cancel "Same Day Service" call (732)-329-4000 x7363 by 8:30 am; leave a message, provide name, address, phone number, and reason for call.

Staff Directory

To reach our staff members call (732) 329-4000, followed by their extension.
After hours please leave a voicemail. Fax 732.438.9826

Dawn Neglia - Director, Office on Aging	x7682	dneglia@sbtnj.net
Dawn Neglia, Social Worker	x7682	dneglia@sbtnj.net
JillAnn Foxxe, Program Coordinator	x7675	jfoxxe@sbtnj.net
Darlene Dawson, Benefits Coordinator	x7676	ddawson@sbtnj.net
Jackie Johnson, Admin. Secretary / Vol. Coord	x7677	jjohnson@sbtnj.net
Jasmine Aynilian, Main Office, Secretary	x7670	jaynilia@sbtnj.net
Steve Aker, Custodian	x7350	
After Hours/Weather Update	**x7670**	
Mimi Doria Transportation/Reservations	x7363	mdoria@sbtnj.net

Meals on Wheels & Daily Meal Program:
Jody Kehayas, Site Manager (732) 329-6171 jody.kehayas@co.middlesex.nj.us

Follow us on Facebook- South Brunswick Office on Aging/ Senior Center

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Lab/Phlebotomy Services: Appointments Preferred Call- 609 853-6816
Tuesdays 8:00am – 1:00pm
Physical Therapy: By appointment only 609 497-2230
Primary Care: Dr. Jose C. Vaggario By appointment only 609 395-2470