


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div>3</div> <div>10:45 BODY SCULPTING- RP</div> <div>11:30 BINGO- CC</div> <div><i>*Call starting today to register for next weeks fitness classes</i></div>	<div>4</div> <div>10:00 BOLLYX- RP</div> <div>11:00 NOW & ZEN – RP</div> <div>10:30 BOOK CLUB- CC</div> <div>12:30 REPURPOSING ART- FB</div> <div>2:30 POKENO- CC</div>	<div>5</div> <div>10:00 ZUMBA– RP</div> <div>11:30 GARDEN TIPS- FB</div> <div>1:30 WRITE AWAY- ZM</div> <div>2:00 PODCAST- CC Cinco De Mayo</div> <div>Call starting today to register for the Police lecture and/or Back in the Swing Event</div>	<div>6</div> <div>Senior Advisory Council</div> <div>10:30 am</div> <div>email cgreenbe@sbtnj.net for link.</div> <div>All invited to join TMS</div> <div>1:00 POKENO- CC</div> <div>2:00 WHAT’S ON YOUR MIND?- CC</div>	<div>7</div> <div>FLORABUNDANCE! – Senior Center Flower Planting 10:00 – 12:00 (must have signed up)</div> <div>10:30 BODY SCULPTING- RP</div> <div>11:30 BINGO- CC</div>
<div>10</div> <div>10:45 BODY SCULPTING- RP</div> <div>11:30 BINGO- CC</div> <div><i>*Call starting today to register for next weeks fitness classes</i></div>	<div>11</div> <div>10:00 BOLLYX- RP</div> <div>11:00 am NOW & ZEN – RP</div> <div>10:30 BOOK CLUB- CC</div> <div>12:30 REPURPOSING ART- FB</div> <div>2:30 POKENO- CC</div>	<div>12</div> <div>SB POLICE LECTURE</div> <div>SCAMS 11:00 – 12:00 (SIGN UP)- RP</div> <div>10:00 ZUMBA- RP</div> <div>11:30 GARDEN TIPS- FB</div> <div>1:30 WRITE AWAY- ZM</div> <div>2:00 PODCAST- CC Every Little Thing</div>	<div>13</div> <div>9:15 NOW & ZEN- TMS</div> <div>10:30 WHAT’S ON YOUR MIND?- CC</div> <div>11:15- TAI CHI- RP</div> <div>1:00 POKENO- CC</div>	<div>14</div> <div>(Police Lecture Rain date)</div> <div>10:30 BODY SCULPTING- RP</div> <div>11:30 BINGO- CC</div>
<div>17</div> <div>10:45 BODY SCULPTING- RP</div> <div>11:30 BINGO- CC</div> <div><i>*Call starting today to register for next week’s fitness classes</i></div>	<div>18</div> <div>10:00 BOLLYX- RP</div> <div>11:00 am NOW & ZEN – RP</div> <div>10:30 BOOK CLUB- CC</div> <div>11:45 GARDEN TIPS- FB</div> <div>12:30 REPURPOSING ART- FB</div> <div>2:30 POKENO- CC</div>	<div>19</div> <div>BACK IN THE SWING EVENT</div> <div>11:00 – 1:30– RP</div> <div>MUST PRE-REGISTER / LIMITED SPOTS</div> <div>Music by Karickter & Mister Softee</div> <div>Ice Cream</div> <div>NO ZUMBA TODAY</div> <div>NO WRITE AWAY TODAY</div> <div>NO PODCAST TODAY</div>	<div>20</div> <div>(Swing Raindate)</div> <div>9:15 NOW & ZEN- TMS</div> <div>10:30 WHAT’S ON UR MIND?- CC</div> <div>11:15- TAI CHI- RP</div> <div>1:00 POKENO- CC</div> <div>2:30 MEDICARE 101 with Darlene-CC (Jill’s Conference Number for this)</div>	<div>21</div> <div>10:30 BODY SCULPTING- RP</div> <div>11:30 BINGO- CC</div>
<div>24</div> <div>10:45 BODY SCULPTING- RP</div> <div>11:30 BINGO- CC</div> <div><i>*Call starting today to register for next weeks fitness classes</i></div>	<div>25</div> <div>10:00 BOLLYX- RP</div> <div>11:00 am NOW & ZEN – RP</div> <div>10:30 BOOK CLUB- CC</div> <div>2:30 REPURPOSING ART- FB</div> <div>2:30 POKENO- CC</div>	<div>26</div> <div>9:00 CATCH UP WITH CARYL- TMS</div> <div>Email: cgreenbe@sbtnj.net for link</div> <div>10:00 ZUMBA- RP</div> <div>11:30 GARDEN TIPS- FB</div> <div>1:30 WRITE AWAY- ZM</div> <div>2:00 PODCAST- CC</div> <div>TED Talk: The Loves and Lies of Fireflies</div>	<div>27</div> <div>9:15 NOW & ZEN- TMS</div> <div>10:30 WHAT’S ON UR MIND?- CC</div> <div>11:15- TAI CHI- RP</div> <div>1:00 POKENO- CC</div>	<div>28</div> <div>10:30 BODY SCULPTING-RP</div> <div>11:30 BINGO- CC</div>
<div>31</div> <div>Senior Center Closed</div> <div></div>	<div>Virtual Legend</div> <div>CC- Conference Call</div> <div>FB- Facebook</div> <div>TMS- Teams</div> <div>ZM- Zoom</div>	<div>CALLING ALL REGISTERED GARDENERS:</div> <div>OPENING DAY FOR THE GARDEN</div> <div>IS MONDAY, MAY 10TH AT 11:00AM</div> <div>(RAINDATE IS MAY 11TH AT 12 NOON)</div>	<div>Virtual Legend</div> <div>RP- Reichler Park</div>	<div>Please call 732.329.4000 x 7670 to register for Police Lecture & Swing Event Beginning Wednesday, May 5th For both events</div>

TMS (Teams) Programs- Virtual “on camera” programs – **KINDLY SIGN UP FOR THESE PROGRAMS IF YOU WISH TO ATTEND**

Catch Up with Caryl- Do you miss the chatter of what’s going on? Do you have thoughts you’d like to share? Join Caryl for an informal talk of this past year, current activities and any questions you may have about the happenings planned as we slowly get back to normal. **Wednesday, May 26th** Email cgreenbe@sbtnj.net to sign up and get link

Now & Zen – Learn how to achieve total body restoration using a variety of modalities increasing mindfulness, energy flow, mood, and focus. Program will include deep breathing exercise, guided meditation, chanting and Reiki and so much more. Done in a chair. **Tuesdays 11:00am IN THE PARK** & **Thursdays 9:15am on TEAMS** Email jfoxxe@sbtnj.net to sign up and get link, must have medicals on file.

Conference Call Programs- Virtual “on phone” programs- Dial the number to the corresponding program at the designated date & time.

Bingo- A timeless classic! Call Jackie at 732 329-4000 x7677 to get your board and chips sent to you. **(Call Jackie’s CC number) Mondays & Fridays at 11:30am**

Book Club- (Short Story Group) - A short story is sent out each week for a discussion group. **(Call Dawn’s CC number) Tuesdays**

Medicare 101- You’ve got questions...She’s got answers! Call in to chat with **Darlene Dawson**, our friendly neighborhood **SHIP (State Health Insurance Program) Counselor** **SIGN UP-** Email ddawson@sbtnj.net **(Call Jill’s CC number to connect with Darlene for this program) Third Thursday of the Month**

Podcasts/TED Talk Discussion Group - Listen to a selected podcast or TED Talk independently and then discuss it together. **(Call Dawn’s CC number) Wednesdays**

- 📅 5/5/2021: Cinco De Mayo: <https://www.iheart.com/podcast/256-radioplasma-podcast-30954497/episode/cinco-de-mayo-31546369/>
- 📅 5/12/2021: Every Little Thing: The Dirt on Houseplants ... <https://gimletmedia.com/shows/every-little-thing/llhv397/the-dirt-on-houseplants>
- 📅 5/26/21: TED: The Loves and Lies of Fireflies...https://www.ted.com/talks/sara_lewis_the_loves_and_lies_of_fireflies?utm_campaign=tedsread&utm_medium=referral&utm_source=tedcomshare

Pokeno- Just like bingo but with playing cards! Call Jasmine 732 329-4000 x 7670 or Jill 732 329-4000 x 7675 to get your board and chips sent to you. **(Call Jill’s CC number) Tuesdays at 2:30pm & Thursdays at 1:00pm.**

What's On Your Mind? - We have any number of topics on this discussion group - trivia, fun facts, riddles, news stories, etc. **(Call Dawn’s CC number) Thursdays**

Conference Call Info - Please refer to calendar for dates and times for these events. Thank you.

Dawn- Brain Buzz, Podcast, Book Club and WOYM (what's on your mind)..... Questions? Call 732.329.4000 x 7212 or email dneglia@sbtnj.net

Dial-in number: 1(701) 802-5106

Access code: 4471986#

Jackie- Bingo Questions? Call 732.329.4000 x 7677 or email jjohnson@sbtnj.net

Dial in Number: 1(425) 436-6359

Access Code: 2789916

Darlene- Medicare 101 Updates Questions? Call 732.329.4000 x 7676 or email ddawson@sbtnj.net

Jasmine- Pokeno Questions? Call 732.329.4000 x 7670 or email jaynilia@sbtnj.net

Dial in Number: 1(701) 802-5434 for all of the above programs.

Access Code: 3910837

Password: 540540

Jill- Questions regarding programs? Call 732.329.4000 x 7675 or email jfoxxe@sbtnj.net