




MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>9:00 OVERVIEW OF FEBRUARY PROGRAMS- CC</b> <b>10:00 NOW &amp; ZEN – TMS</b> <b>11:30 BINGO- CC</b> <b>1:00 SCATTERGORIES- TMS</b> <b>2:00 BRAIN BUZZ- CC</b>	<b>10:00 BOLLYX- ZM</b> <b>10:30 BOOK CLUB- CC</b> <b>12:30 REPURPOSING ART- FB</b> <b>1:30 WRITE AWAY- ZM</b> <b>2:30 POKENO- CC</b> <b>7:00pm PENN MED LECTURE- Covid</b>	<b>10:00 NOW &amp; ZEN – TMS</b> <b>11:30 GARDEN TIPS- FB</b> <b>1:00 YAHTZEE- TMS</b> <b>2:00 PODCASTS- CC</b> <b>"Astronomical Grit of Ronald McNair"</b> <b>Presented by Alfie De Moss</b>	<b>Senior Advisory Council</b> <b>10:30 am</b> email <a href="mailto:cgreenbe@sbtnj.net">cgreenbe@sbtnj.net</a> for the link. <b>All invited to join TMS</b> <b>1:00 POKENO- CC</b> <b>2:00 WHAT'S ON YOUR MIND?- CC</b>	<b>10:00 WORK OF ART- CC</b> <b>10:30 BODY SCULPTING- ZM</b> <b>11:00 NAME THAT TUNE-CC</b> <b>1:00 TRAVEL TALK- Destination Portugal -CC (call Jill's conference #)</b> <b>2:30 BINGO- CC</b>
<b>10:00 NOW &amp; ZEN – TMS</b> <b>11:30 BINGO- CC</b> <b>2:00 BRAIN BUZZ- CC</b>	<b>10:00 BOLLYX- ZM</b> <b>10:30 BOOK CLUB- CC</b> <b>12:30 REPURPOSING ART- FB</b> <b>1:30 WRITE AWAY- ZM</b> <b>2:30 POKENO- CC</b>	<b>10:00 NOW &amp; ZEN – TMS</b> <b>11:30 GARDEN TIPS- FB</b> <b>1:00 YAHTZEE- TMS</b> <b>2:00 PODCASTS- CC</b> The Danger of a Single Story	<b>10:30 WHAT'S ON YOUR MIND?- CC</b> <b>11:30 DICE BREAKERS- TMS</b> <b>1:00 POKENO- CC</b>	<b>Senior Center Closed</b> 
<b>Senior Center Closed</b> 	<b>10:00 BOLLYX- ZM</b> <b>10:30 BOOK CLUB- CC</b> <b>12:30 REPURPOSING ART- FB</b> <b>1:30 WRITE AWAY- ZM</b> <b>2:30 POKENO- CC</b>	<b>10:00 NOW &amp; ZEN – TMS</b> <b>11:30 GARDEN TIPS- FB</b> <b>1:00 YAHTZEE- TMS</b> <b>2:00 PODCASTS- CC</b> The Most Powerful Woman You've Never Heard of	<b>10:30 WHAT'S ON UR MIND?- CC</b> <b>11:00 – 12:30 HATS &amp; HOT COCOA!! (Details to follow)</b> <b>1:00 POKENO- CC</b> <b>2:30 MEDICARE 101 with Darlene-CC (Call Jill's Conference Number for this)</b>	<b>10:00 WORK OF ART- CC</b> <b>10:30 BODY SCULPTING- ZM</b> <b>11:00 LES QUIZERABLES TRIVIA-CC</b> <b>1:00 TRAVEL TALK - Destination Alaska- CC (call Jill's conference #)</b> <b>2:30 BINGO- CC</b>
<b>10:00 NOW &amp; ZEN – TMS</b> <b>11:30 BINGO- CC</b> <b>2:00 BRAIN BUZZ- CC</b> <b>2:30 FORENSIC SKETCH ARTIST- TMS</b>	<b>10:00 BOLLYX- ZM</b> <b>10:30 BOOK CLUB- CC</b> <b>12:30 REPURPOSING ART- FB</b> <b>1:30 WRITE AWAY- ZM</b> <b>2:30 POKENO- CC</b>	<b>9:00 CATCH UP WITH CARYL- TMS</b> Q & A Oportunity Email: <a href="mailto:cgreenbe@sbtnj.net">cgreenbe@sbtnj.net</a> for link <b>10:00 NOW &amp; ZEN – TMS</b> <b>11:30 GARDEN TIPS- FB</b> <b>1:00 YAHTZEE- TMS</b> <b>2:00 PODCASTS- CC</b> Color Blind or Color Brave?	<b>10:30 WHAT'S ON UR MIND?- CC</b> <b>11:30 TWO TRUTHS, ONE LIE- CC</b> <b>1:00 POKENO- CC</b> <b>2:30 LECTURE- What You Need To Know In The Second Half Of Life – Fiona Van Dyke – ZM</b> Email: <a href="mailto:dneglia@sbtnj.net">dneglia@sbtnj.net</a> for link	<b>10:00 WORK OF ART- CC</b> <b>10:30 BODY SCULPTING- ZM</b> <b>11:00 CROSSWORDS GONE LIVE- CC</b> <b>2:30 BINGO- CC</b>
	<b>PENN MED Virtual Lecture</b> <b>Tues. February 2<sup>nd</sup> at 7:00pm</b> <b>The Covid Vaccine, What you need to know.</b> <b>Register by calling</b> <b>Penn Medicine Princeton Health</b> <b>(888) 897-8979</b>	<b>AARP TAX AIDE</b> <b>Alternative Tax Preparation</b> <b>is being offered virtually this year.</b> <b>Information can be found online at</b> <b><a href="http://aarpfoundation.org/taxaide">aarpfoundation.org/taxaide</a></b>	<b>So. Brunswick</b> <b>Office of Emergency</b> <b>Management</b> <b>vaccine information line:</b> <b>Please call (732) 329- 4000 x 4400</b> <b>for info on vaccine distribution</b>	<b>Legend</b> <b>CC- Conference Call</b> <b>FB- Facebook</b> <b>TMS- Teams</b> <b>ZM- Zoom</b>

**TMS (Teams) Programs-** Virtual “on camera” programs - Email Jill for sign up and link [jfoxxe@sbtnj.net](mailto:jfoxxe@sbtnj.net)

**Scattergories-** The game where you roll a giant die with letters on each side. Then, you fill out a list with random categories like actors, colors, or things you find in a zoo. Each answer needs to start with the designated letter. Fun Times!! **Monday, February 1<sup>st</sup>**

**Dice Breakers-** Designed specifically to help people get to know each other and stay connected through this fun interactive game. Roll the die, and answer the question that correlates to the color on the die! Categories include personal, professional, and random. **Wednesday, February 11<sup>th</sup>**

**Catch Up with Caryl-** Do you miss the chatter of what’s going on? Do you have thoughts you’d like to share? Join Caryl for an informal talk of this past year, current activities and any questions you may have about the happenings planned as we slowly get back to normal. Email [cgreenbe@sbtnj.net](mailto:cgreenbe@sbtnj.net) for a link **Wednesday, February 24<sup>th</sup>**

**Forensic Sketch Artist-** A fun and creative virtual team game. A random face is generated from online, the picture is then shared with each team captain who in turn describes it to the other team members. Team members must sketch the face based on the description. The portrait closest to the original face wins! **Monday, February 28<sup>th</sup>**

**Now & Zen –** Learn how to achieve total body restoration using a variety of modalities increasing mindfulness, energy flow, mood, and focus. Program will include deep breathing exercise, guided meditation, chanting and Reiki and so much more. Done in a chair. Email [jfoxxe@sbtnj.net](mailto:jfoxxe@sbtnj.net) to register, must have medicals on file. **Mondays & Wednesdays**

**Two Truths, One Lie-** each participant share three facts, and guess which one is the lie. There is no winning or losing in this game because the fun is in learning about each other. **Thursday, February 25<sup>th</sup>**

**Yahtzee-** is a dice game based on Poker. The object of the game is to roll certain combinations of numbers with five dice. At each turn you throw dice trying to get a good combination of numbers; different combinations give different scores. You will need five dice to play. We will send you the boards and dice in the mail, please call Jill 732 329-4000 x 7675 or Jasmine 732 329-4000 x 7670. **Wednesdays**

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**Conference Call Programs-** Virtual “on phone” programs- Dial the number to the corresponding program at the designated date & time.

**Bingo-** A timeless classic! Call Jackie at 732 329-4000 x7677 to get your board and chips sent to you. (Call Jackie’s CC number) **Mondays at 11:30am & Fridays at 2:30pm**

**Crosswords Gone Live-** Get together with friends and solve a crossword puzzle or two together. (Call Jill’s CC number) **Third Friday of the month.**

**Les Quizerables Trivia** – Join every month for a friendly round of trivia on Conference Call. (Call Jill’s CC number) **Second Friday of the month.**

**Name that Tune-** An old time favorite game! Test your musical knowledge, Extra points if you could name the artist too! (Call Jill’s CC number) **First Friday of the month.**

**Pokeno-** Just like bingo but with playing cards! Call Jasmine 732 329-4000 x 7670 or Jill 732 329-4000 x 7675 to get your board and chips sent to you. (Call Jill’s CC number) **Tuesdays at 2:30pm & Thursdays at 1:00pm.**

**Travel Talk-** Join us here to talk travel destinations. Share your knowledge, listen to travel stories or listen to presentations about far off lands or local hotspots. (Call Jill’s CC number) **Bi-weekly on Fridays**

**Work of Art-** Join us for a presentation and discussion on famous artists of our time. (Call Jill’s CC number) **Fridays**

**Book Club- (Short Story Group)** - A short story is sent out each week for a discussion group. (Call Dawn’s CC number) **Tuesdays**

**Podcasts/TED Talk Discussion Group** - Listen to a selected podcast or TED Talk independently and then discuss it together. (Call Dawn’s CC number) **Wednesdays**

**What's On Your Mind?** - We have any number of topics on this discussion group - trivia, fun facts, riddles, news stories, etc. (Call Dawn’s CC number) **Thursdays**

**Brain Buzz** - 6-week course that will be exploring how our brains work and what we can do to keep them healthy. Each class will focus on a different aspect of the brain and will combine a brief lecture with interactive learning via a teleconference. (Call Dawn’s CC number) **Mondays at 2pm starting Feb 1st**

