

2021 COMMUNITY HEALTH NEEDS ASSESSMENT SURVEY

Health and wellness matters to everyone. That's why Penn Medicine Princeton Health wants to know how health and wellness programs and services can best serve area residents, and we want you to be part of that planning. We recognize this is a unique time we are in. We would like to understand what issues have personally affected you and your family now and prior to the COVID-19 pandemic.

We are asking people who live or work in the communities in Somerset, Mercer, and Middlesex Counties to give us your feedback and suggestions about health services and issues in the region by completing this 10-15 minute survey by **Friday, June 4, 2021**. All responses are completely anonymous. There are no right or wrong answers; it's your opinion that matters!

Your feedback is valuable since the information gathered from this survey will be used to inform future health programming and services in this region.

Thank you for your participation.

What To Do When You're Done. Once you complete the survey, please mail it to: Debbie Millar and Craig Harley
Penn Medicine Princeton Health
731 Alexander Road, Suite 103
Princeton, NJ 08540

2. What is the zip code where you work, volunteer, worship, or g		plicable)? (If more	than one
applies, then indicate the zip code where you work.)			
Community Health			
We recognize this is a unique time we are in. We would like to under your family now and prior to the COVID-19 pandemic. B. For each health issue, please check if the issue was something and/or prior to COVID - or has not affected you or your family	that affected you	ı or your family pe	ersonally now
	Currently affects me or my family	Affected me or my family prior to COVID	Does not affect me or my family now nor prior to COVID
Access to health care services			
Access to healthy foods			
Access to affordable housing			
Aging health concerns (e.g., Alzheimer's, dementia)			
Alcohol use disorder			
Asthma			
Cancer			
Caregiving (e.g., elder care, childcare)			
Children's health concerns			
Chronic disease (e.g., diabetes, heart disease, hypertension)			
Community violence (e.g., gangs, street crime)			
Coronavirus/COVID-19			
Dental and oral health			
Environmental health issues (e.g., lead poisoning, air pollution, climate change)			
Infectious/contagious disease other than COVID-19, like tuberculosis, pertussis, pneumonia, flu, etc.			
Injuries (e.g., car accidents, falls, concussion)			
Interpersonal violence (e.g., domestic violence, sexual violence, bullying)			
LGBTQ health concerns			
Mental health issues (e.g. anxiety, depression, suicide)			
Musculoskeletal issues (e.g. joint pain, arthritis)			
Neuroscience issues (e.g. epilepsy, seizures)			
Overweight or obesity			
Sexually transmitted infections (e.g., HIV/AIDS, chlamydia, gonorrhea)			
Substance use disorder (e.g., heroin, other opioids, marijuana, cocaine)			
Unintended programmy			

1. What is the zip code where you live? ___ __ __

	Currently	Affected me or	Does not
	affects me or	my family prior	affect me or
	my family	to COVID	my family now
			nor prior to
			COVID
Women's health issues (e.g., reproductive health, etc.)			
Other (please specify):			

4. Please select the <u>TOP 5 HEALTH ISSUES</u> impacting you or your family personally and the community in which you live. Please select 5 health issues FOR EACH column below. You can select the same or different issues for each.

	You/Your family	Community where you live
Access to health care services		
Access to healthy foods		
Access to affordable housing		
Aging health concerns (e.g., Alzheimer's, dementia)		
Alcohol use disorder		
Asthma		
Cancer		
Caregiving (e.g., elder care, childcare)		
Children's health concerns		
Chronic disease (e.g., diabetes, heart disease, hypertension)		
Community violence (e.g., gangs, street crime)		
Coronavirus/COVID-19		
Dental and oral health		
Environmental health issues (e.g., lead poisoning, air pollution, climate change)		
Infectious/contagious disease other than COVID-19, like tuberculosis, pertussis, pneumonia, flu, etc.		
Injuries (e.g. car accidents, falls, concussion)		
Interpersonal violence (e.g., domestic violence, sexual violence, bullying)		
LGBTQ health concerns		
Mental health issues (e.g., anxiety, depression, suicide)		
Musculoskeletal issues (e.g., joint pain, arthritis)		
Neuroscience issues (e.g., epilepsy, seizures)		
Overweight or obesity		
Sexually transmitted infections (e.g., HIV/AIDS, chlamydia, gonorrhea)		
Substance use disorder (e.g., heroin, other opioids, marijuana, cocaine)		
Unintended pregnancy		
Women's health issues (e.g., reproductive health, etc.)		
Other (please specify):		

The community in which you work, volunteer, worship, or go to school (if applicable)						
6. In general, how would you describe the overall heal	th of the fo	ollowing befo	ore COVID?	_	•	
	Excellent	Very Good	Good	Fa	air	Poor
The community in which you live						
The community in which you work, volunteer, worship, or go to school (if applicable)						
 My community is close to medical services My community has good access to resources My community has people of many races and cultured People speak my language People accept others who are different than them People care about improving their community People are proud of their community People feel like they belong in this community People like to work together in this community People can deal with challenges in this community There are innovation and new ideas in my community None of the above Access to Services 8. Please think about the different health care services access the following health care services in your contents.	selves / unity	ommunity. In	general, ho	w easy	or hard i	s it to
	Ve	ery sy Easy	Not easy or hard	Hard	Very hard	Don't know
Alcohol or drug treatment or prevention services for ac (age 18+)						
Alcohol or drug treatment or prevention services for you (under 18 years)	outh					
Cancer care/treatment						
Cancer screening						

Excellent

Very Good

Good

Fair

Poor

5. In general, how would you describe the overall health of the following currently?

The community in which you live

Counseling/mental health care for adults (age 18+)

(under 18 years)

Dental or oral health services

Emergency department services

Counseling/mental health care for children or adolescents

	Very		Not easy		Very	Don't
	easy	Easy	or hard	Hard	hard	know
Health or medical services for children or adolescents (under 18 years)						
Health or medical services for seniors (age 65+)						
Health or medical services for women (e.g. reproductive health, pregnancy, breast health, pelvic health)						
Hospital services						
Immunizations						
Occupational therapy						
Outpatient services such as lab work or radiology (e.g. X-rays, MRIs)						
Physical therapy						
Primary care physicians						
Specialty care (e.g. gastroenterologist, cardiologist, endocrinologist, nephrologist, neurologist, etc.)						
Urgent care services						
Vision services		П				П
When trying to get medical care, how often have YOU PE following characteristics:	RSONALLY					any of the
	RSONALL	felt dise		against		any of the
following characteristics: Your race or ethnicity	RSONALLY				s Ne	
Your race or ethnicity Your cultural or religious background	RSONALL		ently So		s Ne	ver
following characteristics: Your race or ethnicity Your cultural or religious background Your language	RSONALL	Freque	ently So		S Ne	ver
Your race or ethnicity Your cultural or religious background Your language Your age	RSONALLY	Freque	ently So	metimes	S Ne	ver
Your race or ethnicity Your cultural or religious background Your language Your age Your income	RSONALLY	Freque	ently So		6 Ne	ver
Your race or ethnicity Your cultural or religious background Your language Your age Your income Your body size	RSONALLY	Freque	ently Sc	metimes	S Ne	ver
following characteristics: Your race or ethnicity Your cultural or religious background Your language Your age Your income Your body size Your sexual orientation	RSONALLY	Freque	ently So	metimes	6 Ne	ver
Your race or ethnicity Your cultural or religious background Your language Your age Your income Your body size Your sexual orientation Your gender or gender identity Your disability (if not applicable, select "Never")		Freque	ently So	metimes	6 Ne	ver
Your race or ethnicity Your cultural or religious background Your language Your age Your income Your body size Your sexual orientation Your gender or gender identity	eeded hea	Frequence Cost of particular Cos	ently So	the last leductible medical scould in error office the check gration s	two year es, co-pay tions oot comm ce staff e staff -up tatus	ver

Community Priorities

11. Please check whether you consider these issues to be low, medium, or high priority for future funding and resources in your community.

	Low	Medium	High
Increasing transportation to area health/medical services			
Increasing the health/medical services that are close by and easy to get to			
Providing more language interpretation services			
Increasing the number of providers/staff that speak languages other than English			
Expanding programs or services designed to help patients navigate the health care system			
Providing more counseling or mental health services			
Providing more alcohol or drug prevention and treatment services			
Expanding cancer screening, diagnostics, and treatment services			
Expanding the health/medical services focused on seniors (65+)			
Increasing the number of services to help the elderly stay in their homes			
Expanding the health/medical services focused on children and adolescents (under 18 years)			
Expanding the health/medical services focused on women's health issues (e.g., pregnancy, well-visits, pelvic health)			
Expanding the health/medical services available to low-income individuals			
Expanding access to technology that can help me to monitor and maintain my health (e.g., health apps for smartphones)			
Offering community education programs on the environment and environmental sustainability			
Offering more programs or services focusing on physical activity and/or nutrition			
Offering more programs or services focusing on obesity/weight control			
Offering more programs or services focusing on prevention of chronic diseases like heart disease or diabetes			
Offering more programs or services focusing on wellness like meditation, yoga, acupuncture, or mindfulness			
Offering more programs or services to help people quit smoking			
Increasing access to affordable housing			
Increasing availability of sidewalks or parks			
Increasing availability of supermarkets/healthy food options people can afford			
Increasing the availability of safe, stable, quality, well-compensated work for all people			
Increasing the quality of educational opportunities for all people			
Other (please specify):			

Health Coverage and Information

	Are you personally currently covered by any of the follow Check all that apply)	ng t	types of health insurance or health coverage plans?
	 Insurance through a current or former employer or uni Insurance purchased directly from an insurance compa purchased through a healthcare exchange or marketpla Medicare, for people age 65 and older, or people with Medicaid, Medical Assistance (MA), the Children's Heal government-sponsored assistance plan based on incom 'NJ Family Care' Tricare or other military health care, including Veteran' 	ny (I ice s certa th Ir ie oi	by you or another family member) including coverage such as Healthcare.gov, otherwise called 'Obamacare' ain disabilities assurance Program (CHIP) or any kind of state or a disability. You may know this type of coverage as
	☐ Any other type of health insurance coverage or health☐ No insurance, uninsured	cove	rage plan
	What is your MAIN SOURCE of medical care? (Please chec □ Private doctor's office or group practice □ Community health center (i.e. Clinic) □ Emergency Room at a hospital □ Walk-in medical clinic/urgent care center □ Free medical program □ Veteran's Administration facility		Tele-health or tele-medicine services (i.e. health services or consultations delivered via remote video link)
! !	Have you ever used an online patient portal (like Princeto family member's medical record, lab or radiology reports, services received? Yes No Don't know/Not sure		
1 	Have you ever used your mobile device (e.g., smartphone or example by video-conferencing or virtually chatting will yes (GO TO Q17) No Don't know/Not sure		•
† •	IF YOU ANSWERED "YES" IN Q15, SKIP TO Q17) Would yo amily member through your mobile device or smartphon with your health care provider)? Yes No		

Demographic Information

These few last questions are so we can see the range of people who will be answering this survey. Like your other answers, these answers will remain anonymous.

17.	Wha	t category best describes your age?		
		Jnder 18 years old		50-64 years old
		.8-29 years old		65-74 years old
	□ 3	30-39 years old		75 years old or older
		40-49 years old		
18.	Wha	t is your gender?		
		Иale		☐ Transgender Female
		emale		☐ Gender neutral
	□ T	ransgender Male		☐ Additional Gender Category
19.	How	would you describe your ethnic/racial background?	(Plea	se check all that apply.)
		African American/Black		Caucasian/White
		ast Asian/Pacific Islander (e.g., Japan, China,		Hispanic/Latino(a)
	T	aiwan, Korea, Vietnam, Laos, Cambodia, the		Middle Eastern/North African
	F	Philippines, Samoa)		American Indian/Native American
		outh Asian (e.g., India, Pakistan, Bangladesh, Sri anka, Nepal)		Additional ethnic/racial category (please specify):
20.	Wha	t is the primary language you speak at home?		
		☐ English		☐ Hindi
		☐ Spanish		☐ Telugu
		☐ Chinese (including Mandarin and Cantonese)		☐ Nepali/Marathi/Konkani
		☐ Portuguese / Cape Verdean Creole		☐ Polish
		☐ Haitian		□ Urdu
		☐ Vietnamese		☐ Arabic
		☐ Cambodian/Khmer		☐ Korean
		☐ French (including Cajun)		☐ Russian
		☐ Tagalog/Filipino		☐ Other (please specify):
		☐ Gujarati		
21.	Wha	t is the highest level of education that you have com	plete	d?
		☐ Primary or middle school		☐ Associate or technical degree/certification
		☐ Some high school		☐ College graduate
		☐ High school graduate or GED		☐ Graduate or professional degree
		☐ Some college		
				W
ZZ.	Are \	you the parent of a child under the age of 18?	1 1	Yes No

Thank you for taking this survey! Results will be made available to the community in Fall 2021.