## 3-PART TRAINING

WHEN: 8:00 a.m. - 4:00 p.m. Saturday, March 14; lunch provided

WHERE: Crossroads Church, 1115 1st St., Fort Lupton 80621

TO REGISTER: Contact Dawn Alexander at (970) 400-2214

or dalexander@weldgov.com

A certificate for 8 clock hours (1 hour Social and Emotional; 7 hours Health and Safety) will be given to those who attend.



Eco-Healthy Child Care® (EHCC) is a national program that partners with child care professionals to eliminate environmental health hazards found in or around child care facilities. These hazards can adversely impact children's health. At this training, you will:

• Create a healthier environment for children in your care.

- Help prevent illnesses and disabilities linked to chemicals of concern.
- Be a better resource for the families you provide care for.
- Earn an Eco-Healthy Child Care endorsement by implementing 24 of 30 simple, free, or low-cost environmentally healthy best practices.
- Obtain free marketing for your program on the EHCC website as an Eco-Healthy program. Also, use this endorsement for your own marketing efforts.



Where Hope Begins.

www.NorthRange.org

## Infant and Early Childhood Mental Health Consultation

Infant and Early Childhood Mental Health Consultation is an approach to supporting caregivers and parents to ensure they are equipped with the knowlege and skills needed to promote healthy social and emotional development. Young children often face other variables that interfere with the development of skills and display atypical behaviors that may indicate additional care needs to get children back on track developmentally. Examples that prompt requests for referrals include:

- Developmental challenges/ attention/following directions
  - Emotional regulation/ behavior modification
- Sensory integration/processing
  - Routines/schedules



Certified Breastfeeding Friendly Family Child Care Homes support nursing mothers by being knowledgeable about breastfeeding, breastmilk preparation, and storage. They welcome breastfeeding mothers to nurse on-site and know when and how to refer to lactation professionals if mothers are having trouble with breastfeeding. By attending this training, you will:

• Become competent in supporting nursing families.

- Learn about the benefits of breastfeeding and child care best practices for supporting nursing mothers.
- Complete a self-assessment and action plan to become a Certified Breastfeeding Friendly Family Child Care Home.
- Be advertised on the Northern Colorado Breastfeeding Coalition website (pending certification).
- Be promoted on social media as a Breastfeeding Friendly Family Child Care Home (pending certification).
- Receive a framed Breastfeeding Friendly Family Child Care Home certificate and window cling to proudly display in your home (pending certification).
- Be eligible for 2 Colorado Shines points.