CantorConsulting
Teamwork Leadership Communication

Intro: Nancy Cantor: Business Development Consultant who works with business owners, non-profits Executive Directors and Corporate Executives and their staff on Teamwork, Leadership and Communication. (TLC)

Use this with the Video!

Disarming Your Private Saboteur

Chief Dream Officer Officer Training, a four-part training that enables participants to:

- **Create** a Vision
- **Organize** and Plan
- **Disarm their Private Saboteur**
- **Establish** a community of support so their visions can be fulfilled.

It is the **CODE** for Success. Today, we will put emphasis on the **Saboteur.**

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Visionary:

- **What do you want to accomplish this year?** Your Vision—not just a goal—something inspiring.
- Mine: Life and work based on partnership and communication.
- _____
  _____
  _____

Organizer:

- What are goals and actions you can set that will support you in fulfilling your vision?
- Mine: Having my curriculum support other work communities
- _____
  _____
  _____

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Self-Transformer: If you disarm your **saboteur**, you will self-transform.

- Your **Saboteur:** patterns of thought and behavior that has you chose fear instead of creativity.

- Your Saboteur disrupts what you are creating. It stops the action.

How might you sabotage yourself?

- Perfectionism
- Fear of failure
- Fear of success
- Procrastination
- Imposter Syndrome
- Fear of going outside your comfort zone, fear of change
- Comparing yourself to others
- Being a self-critic or surrounding yourself with nay-sayers

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Harry Potter Story: on Video

- How do you keep yourself *under the stairs in the cupboard*?

- **What is your Sabotage Mechanism?**

  _____

  _____

- What *invite* will you give or what action you will take that will demonstrate courage?

- _____

  _____

- What people and environment will support you in taking consistent action? Hogwarts!!

- _____

  _____

Check yourself before your wreck yourself.
You will always have your sabotage mechanisms, but if you can identify them and catch them in action, you can shift over to a more powerful way of being. You will have it, instead of, it having you.

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Homework: Practice!!! Have a saboteur, don't let it have you!!!

Establish a Community of Support:

- **Coaches: Nancy Cantor nancy@cantorconsulting.com:**
  - **Contact me for support at: www.cantorconsulting.com, 774-248-4593**
- **Colleagues: Accountability Partners**
- **Have this work make a difference in your chapter. I love doing group trainings.**