

Fetal Development



Influencers

- Healthy mother
- Growth of baby
- Movement of baby
- Sensory processing

Fetal Movement



Birth



Infant Movement & Development



Influencers

- Engaged care giver
- Play
- Nutrition
- Developmental progression (cognitive, motor, social, emotional, physical)



Childhood Growth & Learning



Influencers

- Engaged care giver
- Play
- Nutrition
- Developmental progression (cognitive, motor, social, emotional, physical)

Thriving Individuals



Influencers

- Health
- Exercise/Activity
- Nutrition
- Social/emotional



- A fetal movement framework is used to reset the body's organization (at any age).
- Movement disruptors and traumas are identified and their impact addressed using the Bridging® process.

**Bridging®
TECHNIQUE**

Life gets disrupted. Bridging® puts it back on track.

Disruptors/Traumas

- Maternal health
- Genetics
- Fetal exposure
- Fetal positioning
- Uterine constraints



Disruptors/Traumas

- Premature
- C-section
- Infection
- Physical complications



Disruptors/Traumas

- Injury
- Illness
- Medical procedures
- Social-emotional stress



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Every disruptor is additive, causing a build-up of physical and/or emotional stress.