TRAINING ANNOUNCEMENT

Title: **Assessing & Treating Depression & Bipolar Disorder**

When: **January 12, 2021 10:00am – 4:00pm**

The training will begin at 10:00 and end at 4:00. There will be a 1 hour lunch break.

Where: Zoom link will be sent to all registrants prior to training

Who Should Attend: Addiction Counselors, Counselors and Family Therapists, Social Workers, Supervisors, or other interested healthcare professionals

Prerequisite: None

Description: Mood Disorders are common presenting issues with clients in counseling. In this workshop, you will not only learn about diagnosing depression and bipolar disorder, but also some tips on differential diagnosis. Various treatment methodologies will be discussed, with some attention to dual diagnosis. Suicidality will also be discussed and medications for these disorders as well.

Objectives: Upon completion of this program, the participant will be able to:

1. Diagnose mood disorders.
2. Identify three different treatment techniques for working with clients with mood disorders.
3. Recognize the signs to watch out for with regard to suicidality, and how to handle threats of suicide.
4. View the "face" of the disorder by seeing video footage of persons diagnosed with Major Depression and Bipolar Disorder and will learn differential diagnosis through these examples.

Trainer: Barbara Melton, M.Ed., Licensed Professional Counselor, National Certified Counselor, and Licensed Addictions Counselor has been in private practice in the Charleston area since 1991 and works with adult and adolescents; her specialty areas include working with trauma/loss, including PTSD, Borderline Personality Disorder, Bipolar Affective Disorder, and Self-Injurious Behavior. She has taught graduate level courses for Columbia College, Coastal Carolina and Webster University. She also is a contract clinical supervisor at the Dorchester A&D Commission. She has a wealth of experience with the more serious disorders as outlined in the DSM and has also served as Disaster Mental Health Lead for the local chapter of the American Red Cross for many years. She is also currently the President of the SC Assn for Licensed Professional Counselors.

Contact Person: Amy Friebel, Dorchester Alcohol and Drug Commission
(843) 871-4790; afriebel@dadc.org

Credit: 5 hours – CEUs provided for Addictions Counselors, Social Workers, LPCs and Marriage and Family Therapists

Cost: Employees of Region 4 - DAODAS Drug and Alcohol Commissions can attend at no cost with advance registration.

- Registration for DAODAS participants from outside Region 4 is $45 with advanced registration.
- For all others, registration is $75 with advanced registration

*** If you are outside of Region 4, you MUST include payment with the registration form. You will not be able to register unless payment is received. ***

Please make checks payable to COSSAC.

Registration Deadline: January 4, 2021

Cancellations must be made in writing and received five working days prior to the event. Substitute attendees are permitted.

Confirmations will be sent via email.

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Please cut above and keep the top portion for your information.

**** Assessing & Treating Depression & Bipolar Disorder ***

Please print or type **Deadline: 1/4/2021**

Name_____ Position_____

(Please print clearly as you would like it to appear on certificate.)

Employer_____

Phone_____ Fax_____ E-mail_____

Business Address_____

P.O. Box/Street City State ZIP Code

Do you need special accommodations? ☐*yes* ☐*no* *If "yes," please specify:*

_____

Please Return to:

William J McCord Adolescent Treatment Facility
PO Box 1166, Orangeburg SC 29116
Attention: Danyale Hutto
Fax: 1-803-531-8419
dhutto@tccada.state.sc.us

Once your registration is received and processed, a confirmation email will be sent.
Please make sure you email address is legible and correct.
If you do not receive a confirmation email, please contact Danyale Hutto at 803-534-2328 x 110.

PLEASE MAKE ALL CHECKS PAYABLE TO: COSSAC
A check or money order **must** accompany your registration form.
Your registration will not be processed if payment is not attached.