



improving mental health one piece at a time

[illegible]

WHEN I NEED MORE SUPPORT, I KNOW IT IS OKAY TO TALK TO SOMEONE



HÔTEL-DIEU
ESTD GRACE 1888
HEALTHCARE

Maryale

519,250,1850

519.972.9688

519,257,5215

519,258,0484

Windsor Regional Hospital
Metropolitan Campus (0-15 years)
1995 Lens Ave., Windsor

Windsor Regional Hospital
Ouellette Campus (16+years)
1030 Ouellette Ave., Windsor

Erie Shores Health Care
(All Ages)
194 Talbot St. West, Leamington

FOR A FULL LIST OF YOUTH SUPPORT SERVICES VISIT: www.hdgh.org/YIP