



# YOUTH *in* PARTNERSHIP

*improving mental health one piece at a time*

I KEEP  
MYSELF  
MENTALLY  
HEALTHY  
BY...



WHEN I NEED MORE SUPPORT, I KNOW IT IS OKAY TO TALK TO SOMEONE



**519.250.1850**



**519.972.9688**



**519.257.5215**

Maryale

For immediate risk to self and others please call 911 or proceed to the nearest Emergency Department at:

Windsor Regional Hospital  
Metropolitan Campus (0-15 years)  
1995 Lens Ave., Windsor

Windsor Regional Hospital  
Ouellette Campus (16+years)  
1030 Ouellette Ave., Windsor

Erie Shores Health Care  
(All Ages)  
194 Talbot St. West, Leamington

FOR A FULL LIST OF YOUTH SUPPORT SERVICES VISIT: [www.hdgh.org/YIP](http://www.hdgh.org/YIP)