



SAVE A LIFE

CPR



Sunday, October 6th
at Temple Israel Center

CPR course from 9-10 AM
Stop the Bleed* from 10-11 AM

*Uncontrolled bleeding is the #1 cause of preventable death from trauma

Pre-registration is mandatory (for sufficient equipment)

Stop the Bleed: free

CPR: \$40 (\$65 for American Red Cross card)
cash or check at the door

RSVP by October 3rd to: TICsavealife@gmail.com
Questions: Rhonda Rubin (914) 589-0549