

November's *middah*/Jewish Value is Gratitude

While it is true that the fourth Thursday of November is always Thanksgiving, every day is an opportunity for us to show gratitude. On Sunday mornings during Community Tefillah, our learners consider what they are particularly grateful for on a particular day. It may be different than what they were grateful for last week. On Wednesdays and Thursdays, during the weekday *Amidah* prayer, we are reminded to say '*modim anahnu lakh*'/ we thank you, God, Source for so much of the good we celebrate in our lives.

Amidst our hectic lives, it can be easy to forget to recognize the simple wonderful things in the world: the foliage, the sunset, our children's laughter-the list goes on and on. As we share Thanksgiving with loved ones, let's articulate to each other just how blessed we are to have one another.

Wishing you and your loved ones a meaningful and memorable Thanksgiving.

B'shalom/in peace,

Lisa