



Join us for
KINDNESS WEEK IN NATICK AND BEYOND...
A CELEBRATION OF KINDNESS IN OUR COMMUNITY!

NOVEMBER 12-18, 2022

KINDNESS WEEK is a time to shine the spotlight on the good that happens every day and inspire people to spread kindness through their own actions and connect with others.

In partnership with organizations and community members, we seek to promote small events and initiatives throughout the week that will inspire community bonding around kindness and have a lasting impact all year long.

How would you like to
SPARK Kindness this year?

WE INVITE YOU TO JOIN US AS WE

- ▼ Celebrate the big and small acts of kindness that happen each day.
- ▼ Inspire radical kindness in our community
- ▼ Connect community members through our *Seven Pillars of Kindness*:
 - ▼ Kindness *to self*
 - ▼ Kindness *in our neighborhoods*
 - ▼ Kindness *in our schools*
 - ▼ Kindness *to community*
 - ▼ Kindness *to the earth (and all living creatures)*
 - ▼ Kindness *online*
 - ▼ Kindness *Committed to Justice*

KINDNESS CONNECTS US

Every time we do something to help our community grow more kind, resilient and welcoming, we **SPARK KINDNESS**. Together as families, schools, organizations, businesses, coaches, artists, faith and community leaders, we can make sure no one feels alone, bullied, unsupported or unconnected.

SPARK Kindness is a convener, educator, resource, friend — and the biggest fan of our community's shared strengths. *We invite you to join us by CONNECTING THE COMMUNITY IN KINDNESS. HELP US SHINE THE LIGHT!*

- ▼ What does kindness mean to you?
- ▼ How would you, your organization, your community like to celebrate Kindness Week?
- ▼ What can SPARK do to let the community know about your involvement?

JOIN US!

Email us to share your celebration at KindnessWeek@SPARKKindness.org

and stay tuned for more details about Kindness Week at www.SPARKKindness.org