

PARENTING CLASS

& FAMILY DEMONSTRATION WORKSHOPS

WITH PARENT EDUCATOR & AUTHOR,
MARY DALTON

Practical. Solution-based.

Improve your parent-child relationship--intelligently,
humanely, logically, positively, practically.

Come and learn with other parents of St. Joe's as Mary Dalton, MA works with parents to find common sense solutions to everyday problems in raising our children: the morning rush, nagging, chores, whining, sibling fighting, bullying, homework, bedtime.

About Mary Dalton, Instructor:

Mary holds a BA in Education and Counseling from Governors State University, Illinois, an MA in Counseling and Psychology from Vermont College and a Certificate in Child Development from the Alfred Adler Institute of Chicago. However, the seminal event in her education came from being counseled by Dr. Rudolf Dreikurs, MD. This series of counseling sessions changed the trajectory of her life and the lives of her six children. Mary Dalton is the author of **It's Not in the Genes**, the story of how meeting Dreikurs changed her life and the lives of her six children. Mary is an activist, lecturer and educator who has worked for over 40 years with thousands of parents, grandparents, teachers and teens concerning the struggles and challenges of raising our children.

"This isn't a class, it is a book club per se, that discusses your most important job, parenting, and suggests ideas and ways to interact with your children to encourage the behavior, respect and responsibility we all hope to see in our children. And the best part is the new friends you will make! I laughed at all our stories and enjoyed my special time at this parenting class each week."

– **Heidi, St Joe's Parent**

~ Mondays ~

6 – 8:00 pm

Oct 10, 17, 24

Nov 7, 14, 21, 28

Dec 5

Where:

St. Joe's School
Library

*Choose 2 from following
dates for Family
Demonstrations to attend
as part of Parenting
Class...*

~ Saturdays ~

10:00 am - 12:00 pm

Oct 8, 22

Nov 5, 19

Dec 3

Where:

Global Visionaries
2524 16th Ave. S.,
Rm 206,
Seattle, WA 98144

TO REGISTER:

mhbever@stjosephsea.org

*Write check to St. Joe's
due before first class.*

*Class limited to 12; first
come, first serve.*

Scholarships available.

Price: \$100.00 plus \$40
books & material fee.

Child care: provided with
prior notice-nominal fee.