



Children's Bereavement Center

NATIONAL GRIEF EXPERTS | 21 YEARS OF SERVICE | SOUTH FLORIDA

ABOUT CBC

Children's Bereavement Center (CBC) was founded in Miami in 1999 and is a research-based, multicultural, community organization providing FREE grief peer support groups for children, teens and adults throughout South Florida. CBC also provides grief education and training for educators, healthcare workers and community professionals while continuing grief research and providing grief resources for all.

Over the past 21 years, CBC has expanded to include 10 grief support site locations across South Florida. The creation of virtual support groups for all ages and virtual training allows CBC to continue to serve the community uninterrupted throughout the COVID-19 pandemic.



FREE GRIEF SUPPORT GROUPS

- **CBC virtual grief peer support groups are FREE**
- Groups for all ages (4+) separated into peer groups
- Facilitated by mental health professionals
- Spanish language groups available and capacity for Creole
- Music and art activities for kids
- Candle Lighting Memorial Ceremonies for all ages
- Orientations and groups meet virtually every week in the evening
- Children, teens & adults decide how long they wish to participate
- Open to anyone who has lost a loved one as a result of illness, accident, suicide or homicide
- Dedicated Perinatal & Infant Loss Groups for mothers, fathers & couples

Did you know CBC has Adult Groups?
Lift From Loss® is a CBC program offering FREE grief peer support groups for adults (18+).



Lift From Loss®
Support for Adults after Loss



EDUCATION & TRAINING

- The CBC Training Institute provides customized education and consultation services for professionals at schools, hospitals, hospices and community agencies
- 150+ Volunteers Trained annually
- 10,000 Impacted through CBC Training



EVALUATION & RESEARCH

- The CBC conducts ongoing research and program evaluation to ensure the success of our peer support groups.

LEARN MORE: 888-988-5438, INFO@CHILDBEREAVEMENT.ORG

CHILDBEREAVEMENT.ORG | [@MIAMICBC](https://www.instagram.com/MIAMICBC)





Children's
Bereavement
Center



Lift From Loss

Grief groups for families

Grief groups for adults 18+

FREE VIRTUAL GRIEF SUPPORT GROUPS

FOR CHILDREN, TEENS & ADULTS

- All virtual grief peer support groups are **FREE**
- **For all ages** (4+)
- Orientations held weekly; registration required
- Groups for:
 - **Elementary School Children**
 - **Middle School Youth**
 - **High School Teens**
 - **Adults (English & Spanish)**
- Groups facilitated by mental health professionals
- Music and art activities included in children's groups
- Groups meet virtually every week in the evening via Zoom
- Children, teens & adults decide how long they wish to participate
- Open to anyone who has lost a loved one as a result of illness, accident, suicide or homicide
- **Dedicated perinatal and infant loss groups for child loss before birth or during infancy**

NATIONAL GRIEF EXPERTS | 20+ YEARS OF SERVICE | MIAMI-DADE, BROWARD & PALM BEACH

MORE INFO AT [CHILDBEREAVEMENT.ORG](https://childbereavement.org) | @MIAMICBC

**REGISTER NOW: 888-988-5438 OR
INTAKE@CHILDBEREAVEMENT.ORG**



Children's
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+



Lift From Loss

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FREE VIRTUAL PERINATAL & INFANT LOSS GRIEF SUPPORT GROUPS

FOR MOTHERS, FATHERS & COUPLES

- Virtual perinatal loss peer grief support groups are **FREE**
- Groups are for child loss before birth or during infancy
- Facilitated by mental health professionals with expertise in perinatal loss
- Orientations held weekly; registration required
- Meet virtually every week via Zoom
- Meet Tuesday evenings from 7:00-8:30 pm
- Individuals and couples decide how long they wish to participate
- Available in English and Spanish
- CBC also offers separate FREE virtual grief support groups for all ages (4+) for anyone who has lost a loved one as a result of illness, accident, suicide or homicide

NATIONAL GRIEF EXPERTS | 20+ YEARS OF SERVICE | SERVING SOUTHEAST FLORIDA

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of a People.
The Power
of Community.

This program is sponsored in part by the Greater Miami Jewish Federation.