

Food Pantry & Meal Programs	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Andover							
Neighbors In Need at the Andover Senior Center 30 Whittier Court					Pantry 4:00-5:00		
Haverhill							
Changing Lives Christian Church 17 Newcomb Street 978-273-5100	Pantry 9:00-10:00						
Common Ground Ministries 194 Winter Street 978-372-3336	Pantry & Meals 6:00am - 5:00pm	Pantry & Meals 10:00am - 5:00pm	Pantry & Meals 10:00am - 5:00pm	Pantry & Meals 10:00am - 5:00pm	Pantry & Meals 10:00am - 5:00pm	Pantry & Meals 10:00am - 5:00pm	Pantry & Meals 7:00am - 5:00pm
Community Action - Meals 16 Ashland Street 978-241-9621		Drop in Center 8:00-12:00	Drop in Center 8:00-12:00	Drop in Center 8:00-12:00	Drop in Center 8:00-12:00	Drop in Center 8:00-12:00	
Liz Murphy Open Hand Pantry 16 Ashland Street 978-372-0260			Pantry 4:00-7:00				
Rehoboth Helping Hands 409 Washington Street 978-372-6611							9:30 - Noon last Saturday of month
Somebody Cares 358 Washington Street 978-912-7626					10-11 elderly & disabled, 11-2:30 all others Last of month		
Veteran's Northeast Outreach 65 Cedar Street 978-372-3626					Pantry 10am - 2pm		
West Congregational Church 767 Broadway Street 978-373-3034				Pantry 5:30-7:30			
Lawrence							
Bread & Roses 58 Newbury Street 978-681-8768		Pantry 10:30-2:00 Dinner 4:00-6:00	Pantry 10:30-2:00 Dinner 4:00-6:00	Pantry 10:30-2:00 Dinner 4:00-6:00	Pantry 10:30-2:00 Dinner 4:00-6:00		
CC Camino de la Salvacion Pantry 454 Essex Street 978-328-9019							9:00-12:00 2nd & 4th Saturday of month
Clear Path for Veterans 130 Parker Street, Unit 30 978-965-5743 PLEASE CALL AHEAD		Pantry 8:00-4:00	Pantry 8:00- 4:00	Pantry 8:00-4:00	Pantry 8:00- 4:00	Pantry 8:00-4:00	
Cor Unum Meal Center 118 S. Broadway 978-688-8900	Breakfast 6:00-8:00 Dinner 4:30-6:30	Breakfast 6:00-8:00 Dinner 4:30-6:30	Breakfast 6:00-8:00 Dinner 4:30-6:30	Breakfast 6:00-8:00 Dinner 4:30-6:30	Breakfast 6:00-8:00 Dinner 4:30-6:30	Breakfast 6:00-8:00 Dinner 4:30-6:30	Breakfast 6:00-8:00 Dinner 4:30-6:30
Food for the World 516 Essex Street 978-683-9949				Pantry 9:00-11:00			
Food for the World 35 Common Street 978-683-9949						Pantry 1:00-3:00	

Lawrence	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Food for the World 8 North Street 978-683-9949							Pantry 10:00-Noon Except 1st Sat of Month
House of Mercy 85 Baystate Road 978-655-8141		Breakfast 8:30-9:30 Lunch 11:30-1:00	Breakfast 8:30-9:30 Lunch 11:30-1:00	Breakfast 8:30-9:30 Lunch 11:30-1:00	Breakfast 8:30-9:30 Lunch 11:30-1:00	Breakfast 8:30-9:30 Lunch 11:30-1:00	Breakfast 8:30-9:30 Lunch 11:30-1:00
Lawrence Hispanic SDA 54 Salem Street 978-975-2099					Pantry 5:00pm		
Lazarus House Good Shepherd Soup Kitchen 412 Hampshire Street 978-689-8575	Breakfast 8:30-9:30 Lunch 11:30-1:00	Breakfast 8:30-9:30 Lunch 11:30-1:00	Breakfast 8:30-9:30 Lunch 11:30-1:00	Breakfast 8:30-9:30 Lunch 11:30-1:00	Breakfast 8:30-9:30 Lunch 11:30-1:00	Breakfast 8:30-9:30 Lunch 11:30-1:00	Breakfast 8:30-9:30 Lunch 11:30-1:00
Lazarus House Pantry 242 Hampshire Street 978-689-8575				Pantry 9:00-2:00			
Living Waters Shelter 102 Oxford Street 603-475-6119	Pantry & Meals 9:00-6:00	Pantry & Meals 9:00-6:00	Pantry & Meals 9:00-6:00	Pantry & Meals 9:00-6:00	Pantry & Meals 9:00-6:00	Pantry & Meals 9:00-6:00	Pantry & Meals 9:00-6:00
Merrimack Valley YMCA 40 Lawrence Street 978-686-6191	Offers a mobile pantry at multiple sites in Lawrence and Methuen. Call for times and locations.						
Neighbors In Need Multiple Locations Listed 978-685-8321							
Neighbors In Need at Boys & Girls Club 136 Water Street					Pantry 9:00-10:30		
Neighbors in Need at Iglesia Adventista Del Septimo Dia Jerusalem 198 S. Broadway			Pantry 9:00-10:30				
Neighbors In Need at Ministerio Apostolico Jesucristo es el Senor 96 E. Haverhill Street						Pantry 9:00-10:30	
Salvation Army - Lawrence 250 Haverhill Street 978-682-8038				Pantry 9:00-10:30	Pantry 9:00-10:30		
St. George Orthodox Church 8 Lowell Street 978-685-4052	Two Pantries per month	Please see schedule on door of church or visit www.stgeorgelawrence.org					
Water Source 93 Essex Street 978-590-0361				Pantry 10:00-12:00			
You Forward 15 Union Street 978-290-8825		Provides multiple services to people aged 16 to 26. Please call to find out more.					
North Andover	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
People's Pantry 190 Academy Road 978-687-7948			7:00-10:30 2nd & 4th Tuesday of month				

Newburyport	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Neighbors In Need at First Church 26 Pleasant Street			Pantry 5:30-6:30				
Neighbors in Need at Neil Playstead 188 Lawrence Street				Pantry 9:00-10:30			
Breaking Bread Immaculate Conception 42 Green Street 978-835-1109			Meal/Grab & Go 4:30-6:00				
Saint Basils 7 Harris Street (978) 465-5757		Dining Room or Grab & Go 11:30-12:30					
Salvation Army Newburyport 40 Water Street 978-465-0883				Café 11:00 AM	Café 5:00 PM		

Methuen	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Christian Church Voice of Salvation 15 Lowell Boulevard 978-397-5768							Pantry 10:00-1:00
Grieving Families at St. Andrews 90 Broadway Street 978-983-1022			Pantry 10:30 - 1:00				

Additional Food Resources

Community Servings 617-522-7777	Medically tailored meals - delivered to individuals and families living with a critical or Chronic illness.
Dial 211 - For Emergency Services	Dialing 211 connects you to a free, confidential service available 24/7 that helps you find local or state resources and services tailored to your needs. You can speak to a trained specialist who can assist with various issues, including help with paying bills, finding food, and access to community resources
Project Bread Food Source Hotline 1-800-645-8333 (chat or text)	Find hot meal programs and pantries in your area. Free meals for kids through Summer Eats or School Meals. Counselors can assist callers in 180 languages. All calls are confidential.
Meals on Wheels Agespan - 800-892-0890	The program provides adults 60 and older and qualified individuals with disabilities with a hot meal delivered to their door, five days a week. Frozen meals are provided for weekends and holidays.

Please contact the pantry or meals program prior to visiting to see if they have any requirements for you to receive food, to confirm hours, or make an appointment if necessary.