

AMESBURY, NEWBURYPORT & SALISBURY

CAI Community Services - Amesbury Center

44A Friend Street Amesbury, MA 01913 Phone: 978-388-2570

OPEN Monday-Friday 9AM-4PM

Contact: Julie DeMarco www.communityactioninc.org

CAI Northern Essex

WIC Phone: 978-388-2575

(Amesbury) Main office number: 978-374-2191

Facebook: Northern Essex WIC program Instagram: NorthernEssexWIC

Food Pantry: Available by appointment only. Please call to schedule. —Food Pantry and clothing bank for residents of Amesbury, Merrimac, Newburyport, Salisbury, West Newbury and Newbury. —Offers assistance with housing, utility, and other needs as funding permits. At initial intake, bring photo ID, proof of address, proof of income and provide current phone number. WIC open at this location on Wednesday (appointments recommended) (Closed the last Wednesday of the month)

Our Neighbor's Table

P.O. Box 592 Amesbury, MA 01913 Phone: 978-388-1907 Emergency Hotline: 978-835-3016 www.ourneighborstable.org

Our Neighbors' Table Markets are open to residents of Amesbury, Boxford, Byfield, Georgetown, Groveland, Merrimac, Newbury, Newburyport, Rowley, Salisbury, South Hampton (NH) and West Newbury. There is no income verification or requirement. If you live in one of the 12 towns in Our Neighbors' Table's service region and you feel that you need food, then you are welcome to shop.

Grocery Programs:

The Jardis-Taylor Center, 194 Main St, Amesbury-Thursdays, 10:00am-6:00pm; Fridays, 9:00am-3:00pm; Saturdays, 9:00am-1:00pm. Heritage Towers & Vale, Amesbury 1st & 3rd Wednesday 9:30-10:30 am (residents only) Joanne's Pantry; Salisbury Council on Aging, 43 Lafayette Road, Salisbury, Wednesdays, 1:00pm - 3:00pm; Fridays, 11:00am - 1:00pm (Serving Salisbury residents only) Salisbury Market: 114 Bridge Road (Route 1) Monday and

Tuesday 11:00am-4:00pm Wednesday-Curbside pick up MEAL: Congregational Church Vestry Hall, 145 Main Street every Wednesday from 4:00-6:00 pm

Community Services of Newburyport The Annex at St. Paul's Church 35 Summer Street Newburyport MA 01950 Phone: 978-465-7562 Email: newburyportcommunityservice@gmail.com www.csn1912.org

Services We Provide: Comprehensive Referral Services; Medical/Dental/Prescription Assistance; Heating/Utility Assistance; Housing Assistance; Personal Care Products; Diapers; Holiday Gift Assistance and Camp Scholarships. An intake with required verification is necessary to receive Community Service of Newburyport, Inc. services

Salvation Army

40 Water Street Newburyport, MA 01950 Phone: 978-465-0883
www.salvationarmy.org/newburyport Captain Jessica Berkhoudt E-mail: jessica.berkhoudt@use.salvationarmy.org

Food Pantry: Monday to Thursday 9:00am-3:00pm

Meals: Wednesday: 11:30am; Thursday: 5:00pm And Friday: 9:00am

Café: Soups, Oatmeal, Pastries, Coffee, Tea Monday-Thursday: 9:00am-3:00pm Financial Assistance: Utility Assistance, Rental Assistance, Budget Counseling, and Referrals. Serving residents of Newburyport, Amesbury, Salisbury, Newbury, West Newbury, Rowley, and Byfield. Financial assistance applicants must complete an intake application on their first visit and provide a picture ID and proof of income.

Pettengill House

21 Water Street, Suite 4A Amesbury, MA 01913 Phone: 978-463-8801 Fax: 978-463-8743
Hours in Amesbury are Monday - Friday from 8:00 am - 4:00 pm (by appointment only)

Pettengill House Food Pantry 13 Lafayette Road Salisbury, MA 01952 Phone: 978-463-8801 Fax: 978-463-8743 www.pettengillhouse.org

Amesbury, Byfield, Groveland, Merrimac, Newbury, Newburyport, Rowley, Salisbury and West Newbury.

Provides support services and interventions to individuals, children and families residing in the Greater Newburyport Community including food pantry, emergency assistance support, meal delivery, SNAP applications, MassHealth assistance, crisis intervention, Operation Backpack (providing backpacks and school supplies to children) and school and community education

programs. Senior support; substance addiction and mental health initiatives. To become a client of the Pettengill House, you must provide a picture ID, proof of address, and fill out an application to identify services needed. **Salisbury Food Pantry:** Tuesday from 9 am - 6 pm. Curbside until further notice-by appointment only; Wednesday 9 am to 1 pm, by appointment only; for seniors and medically compromised individuals.

First Parish Church of Newbury

20 High Road Newbury, MA 01951 978-358-1077 www.newburyfoodpantry.org E-mail: info@newburyfoodpantry.org

Food Pantry open by appointment for pick-up Fridays 12:40-5:00 pm. Food must be ordered from Wednesday-Thursday noon for curbside pick up at 8:00am on Friday. Serving communities of Newbury, W. Newbury, Newburyport, Rowley, Byfield, Salisbury, Ipswich and Georgetown. No registration or ID required.

St. Vincent dePaul

11 Sparhawk Street Amesbury, MA 01913 978-388-0330 x100 (Holy Family) 978-465-3334 (Star of the Sea)

Provides food, clothing, assistance with fuel & utility bills, rental assistance and other emergency services

Haverhill

CAI Northern Essex WIC Program

3 Washington Square, 1st Floor Haverhill, MA 01830 Phone: 973-374-2191 FAX: 978-241-9527 www.communityactioninc.org Please contact the office for an appointment. Facebook: Northern Essex WIC program Instagram:NorthernEssexWIC

WIC is a federal nutrition program that provides nutrition and health education, healthy foods, Farmers Market coupons, breastfeeding support and other services like referrals to families who qualify. WIC is for low to moderate income pregnant and postpartum people and children under age 5. Immigrant families are welcome at WIC regardless of immigration or citizenship status.

Liz Murphy Open Hand Pantry

16 Ashland Street Haverhill, MA. 01830 Phone: 978-372-0260

Serving residents of Haverhill and Bradford. A photo ID with name and address is required. New clients must bring proof of residency (utility bill, SNAP letter, SS letter, etc) at the Liz Murphy Open Hand Pantry.

Pantry hours: Tuesday 4:00 - 7:00 pm

Open Hearts Ministries First Baptist Church 217 Main Street, Haverhill MA 01830
Phone: 978-374-7491 ext. 705

Community Meal served every Sunday 1-3 PM Provides lunch at Common Ground Monday, Tuesday and Thursday from 1-2pm

Changing Lives Christian Church Love Outreach Food Pantry

17 Newcomb Street Haverhill, MA 01830 Phone: 978-373-7373

Open every Sunday (except Holidays) 9:30 am-10:30 am

Sacred Hearts Food Pantry 13 Carlton Street (behind the Rectory) Bradford, MA 01835
Phone: 978-373-1281 www.sacredheartsparish.com

Bill LaPierre 508-542-0698

Food pantry serving residents of Bradford, Haverhill and Groveland. Open Monday, Wednesday and Friday 8 -11 am. Residents living within the 01834 and 01835 zip code area may visit the food pantry once a week and all other residents once every other week. Must bring photo ID for all adults in the family, a birth certificate or MassHealth card for all children and a piece of mail with current address. Residents in the 01834 and 01835 zip code area may also receive free clothing through the St. Vincent de Paul Society and possible assistance with utilities, dependent on funding. Contact Bill LaPierre, Outreach Coordinator, with any questions.

Common Ground Cafe

194 Winter Street Haverhill, MA 01830 Phone: 978-372-3336

The Common Ground Café: Snacks and coffee is served Monday - Friday from noon-3:30 pm. Saturday and Sunday Breakfast is served from 7:00-9:00 am. Pantry: 2nd Saturday of month from 10:00 am to 2:00 pm. And on an emergency basis Monday-Friday 9a-3p.

All Saints Parish

120 Bellevue Avenue Haverhill, MA 01832 Phone: 978-372-7721

www.allsaintshaverhill.org

Call/Text Marcie Boucher @978-478-7940

Serving residents of Haverhill only. Must bring photo ID and some form of proof of address. Food Pantry: 1st & 3rd Saturday 10:00 am-12 noon. Email: foodpantry@allsaintshaverhill.org

Salvation Army

395 Main Street Haverhill, MA 01830 Phone: 978-374-7571

<https://easternusa.salvationarmy.org/massachusetts/haverhill>

Major Lynann Rivers Lynann.rivers@use.salvationarmy.org

Residents of Haverhill, Bradford, Groveland and Merrimac. Food pantry: Wednesday and Friday from 8:30am-11:30am Hot meals: Tuesday, Thursday and Friday at 11:30am-12:45pm. Also provides social service referrals, emergency rental assistance, Good Neighbor Energy Fund, afterschool homework club, weekly music lessons, youth programs, and referrals to Ruth's House. Must complete an intake application on first visit and provide valid picture ID for all adults in household, a MassHealth card or birth certificate for each child, proof of income for all family members, proof of rent and proof of address with utility bill

HIP Incentive

The Healthy Incentive Program (HIP) matches your SNAP purchases of local fruits & Vegetables when shopping at farmers markets, farm stands and CSA farm share programs. Spend your SNAP dollars on farm-fresh fruits & vegetables at participating HIP retailers and have the amount of your purchase automatically added back to your EBT card! Your monthly cap of \$40, \$60 or \$80 depends on family size. Please refer to www.mass.gov/HIP for further details.

Foodsource Hotline

Coupons for groceries and referrals to local food banks. Additional Languages: Spanish 800-645-8333 www.projectbread.org

This toll-free hotline is the only comprehensive statewide information and referral service in Massachusetts for people facing hunger. Hotline counselors refer callers to emergency food resources in their community as well as provide them with information about school meals, summer food sites for kids, elder meals programs, and the Supplemental Nutrition Assistance Program (SNAP), formerly known as food stamps.

Merrimack Valley Food Bank - [Pantry Schedule - Merrimack Valley Food Bank](#)

MVFB's search engine can help identify food pantries based on the zip code or city of the seeker.

Meals On Wheels delivers meals to individuals at home who are unable to purchase or prepare their own meals. To sign up call Elder Services 1-800-892-0890 or visit www.agespan.org/solutions/home-delivered-meals

Findhelp.org:

This resource supports free and reduced cost social service support such as food, housing, medical care and financial support.

The resource can be found using this link : [findhelp.org by findhelp - Search and Connect to Social Care](#)

Enter your zip code and it locates resources for you.

Other:

DoorDash launched an emergency response program to support SNAP recipients. They'll be delivering meals through food banks and waiving fees for \$300,000 worth of grocery orders for SNAP recipients. All people with SNAP/EBT need to do is link their SNAP/ EBT card to their DoorDash account and use a promo code that will go live on or before November 1st. Offer will be valid through the end of November and will only be able to be used at select SNAP-enabled stores on the app. They will also be delivering 1 million meals for free - supporting 300+ Project DASH food bank partners nationwide in November, donating food from Dash Mart stores to local food banks. **Article below.** https://www.massnonprofit.org/news/in-response-to-looming-halt-of-snap-door-dash-launches-emergency-food-program/article_671cf3d8-77ba-4fc2-a890-d4003ac5fae1.html