



ST. CATHERINE OF SIENA

CATHOLIC SCHOOL

January 3, 2017

Dear Parents,

Since joining St. Catherine of Siena Catholic School at the end of November, I have truly enjoyed getting to know your children. To date, I have given two thirty-minute guidance classes to our K-5th students and one forty-five minute guidance class to our Middle Schools students. As the year progresses, I will continue to teach our K-5th classes bi-weekly and our Middle School classes monthly.

In addition to the guidance classes, I also began to work with our K-3rd students through “Lunch Bunch” and “Friendship Club” to support the development of social and interpersonal skills. And, I also collaborate with our Student Support Team (SST) (Resource program) regularly and support our students who receive academic support via our SST.

Another component of our guidance counseling program is individual counseling sessions for students. The range of reasons for these individual sessions may be relatively minor, such as anxiety with test-taking, or significant events such as grief over the loss of a family member. Typically, these individual counseling sessions are *short-term* tools aimed to support our students’ life at school; they are not meant to replace professional counseling which may be required for serious conditions or situations.

Individual counseling sessions may be initiated by one of the following persons:

- Parents may request individual counseling sessions for their children
- A school administrator or teachers may recommend students to receive individual counseling sessions
- Students may request to meet with the counselor

Usually, one to two individual sessions will equip students with the proper tools to handle situations effectively. Since timely support is very important, many schools ask parents to give general consent for their children to meet with the counselor as needed for a short period of time. Along with this letter is a consent form with details about the nature of this consent. Please complete and return the form to me by January 11, 2017.

This consent will be on file throughout the time that your child(ren) attend(s) St. Catherine of Siena Catholic School. You may revoke this consent at any time. Please feel free to call me (770-419-8601 ext. 1413) or email me (sbroach@scsiena.org) if you have questions or comments, I will be happy to talk with you.

Stephanie Broach
Guidance Counselor
St. Catherine of Siena Catholic School

Counseling Consent Form

Your permission is requested for your child to participate in counseling at St. Catherine of Siena Catholic School with the school guidance counselor as needed upon request by the student, teacher, parent, or administrator.

Because counseling is based on a trusting relationship between counselor and client, the counselor will keep information shared by the client (child) confidential except in certain situations in which an ethical responsibility limits confidentiality. You will be notified under the following circumstances:

1. The student reveals information about hurting himself/herself or another person.
2. The student discloses that someone is hurting him/her.
3. The student or another person may be in physical danger.

Counseling Consent Form

Please complete and return the form below to Miss Broach by January 11, 2017

- ☐ I give consent for my child(ren) to participate in counseling as needed. I understand that anything that my child(en) share(s) will be kept confidential except in the above-mentioned cases.
- ☐ I do not give consent for my child(ren) to participate in counseling unless I give my expressed permission.

Name of Student	Grade

Comments/Questions: _____

Parent/Guardian Signature: _____ **Date:** _____