Sixth Annual **5K Run/Walk**

Move to greater health and wellness!



Join the Sisters4Fitness Wellness Run/Walk Saturday, April 27th, 2024

The race will begin at 8:00 am at the Allen Pond Park, 3330 Northview Drive, Bowie, MD, 20716.

Register online today at Sisters4Fitness.com or register day-of at the event. Registration on-site begins at **7:00 a.m.**. Sisters4Fitness is a 501c3 organization dedicated to helping women move toward a healthier lifestyle through fitness and nutrition.

Stephanie Gaines-Bryant - President…Sis4Fitness@gmail.com 301-651-3160