



BAGS FOR SEAL BEACH NAVAL AND LOS ALAMITOS JOINT BASE

ITEMS NEEDED FOR THESE BAGS ARE:

- ★ Healthy Snacks individually packaged – trail mix, dried fruit, granola bars, etc.
- ★ Beef Jerky individually packaged
- ★ Propel/Liquid IV or other hydration supplements to add to water bottles
- ★ Instant Coffee packets, Trader Joes has some excellent ones in single use packages
- ★ Gift Cards for local restaurants, fast food, grocery stores, Target etc.
- ★ Gift Cards for gaming sites Google Play, Play Station, Xbox etc.
- ★ Gift Cards for Movie Tickets, Netflix
- ★ Uber/Lyft Gift Cards
- ★ Toiletries – Shave Cream, Deodorant, Tooth Paste etc.
- ★ White Crew socks
- ★ Nalgene type reusable water bottles
- ★ Microwave Popcorn
- ★ Mini Christmas Trees, Christmas Lights and Ornaments – The really small ones that they usually have at Dollar Tree
- ★ Chapstick, Carmex, etc.
- ★ Protein Bars – Kind, Cliff, Barbells, etc.



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