



1K/5K

STRIDES WALK



Lions Club 1K & 5 K Strides Walk for Diabetes Awareness REGISTER TODAY!

Early Bird Registration ends 2/15/24

\$25 - 1K Strides Walk

\$35 - 5K Strides Walk

Register: www.runsealbeach.com

When: March 16th 7:00 a.m.

Start Line: 1st St. & Marina Drive
(Next to Marina Community Park)

A portion of your registration will be donated back to
Lions Club to support Diabetes Awareness
and Education efforts.

1. Register Online by creating an account
2. Select the **Strides 1K or 5K**
3. Type "**District 4-L4 Lions**" - for how you heard about the race
4. **Teams** - Select the "**Lions - District 4L4**" as your Team
5. Support Diabetes Efforts;
Click **ADD TO Order** and make
"Extra Donation" in \$5 increments
6. **Opt Out** of the Tee Shirt for Lions
Donation & Wear Your Lions Tee

JOIN US AFTER AT THE FINISH LINE FESTIVAL

Contact Lion Rudy Huezo If you have any questions: 562-366-6075
sblionrudy@gmail.com

We Serve Seal Beach