

## Recommended Article & Book Lists for Children & Youth

I recommend [this article on the importance of kindness](#) and what the research tells us. We have always known that children from a young age experience compassion, empathy and kindness towards one another. This research gives a longitudinal perspective on why teaching kindness is so important.

One of the best ways to broaden understanding is through the words we read. These lists offer diverse landscapes for young readers to explore:

- [“Books for Peace: An Annotated Bibliography,”](#) from AMS’s *Montessori Life* magazine, Spring 2016.
- [“Children’s Books That Tackle Race and Ethnicity,”](#) From the *New York Times*, September 23, 2016.
- [The Every Mom](#) blog shares 50 children’s books that celebrate diversity.
- [A Feminist Book List](#) for boys and girls, compiled by the *New York Times*.
- [The Guardian](#) compiled a list of anti-racist books for children and teens. Includes *This Book Is Anti-Racist*, by anti-racist Montessori Elementary teacher, Tiffany Jewell. Illustrations by Aurélia Durand.
- [Looking for Excellent “Diverse” Books for Children?](#) Embrace Race has compiled a list of children’s books with an eye toward diversity.
- [Native American Children’s Book List](#). First Nations Development Institute compiled a recommended reading list for young people, broken down by age level. Also, 10 ways you can further your support of Native communities and literature.
- [“Power Picture Books: Tools for Teaching Peace,”](#) from *Montessori Life*, Winter 2008 – 2009.
- [See What We See](#), a coalition of writers, scholars, educators, librarians, and activists created this guide for selecting anti-bias books for children.
- [Social Justice Book List](#) is an initiative of the National Network of State Teachers of the Year.
- [“These Books Can Help You Explain Racism and Protest to Your Kids.”](#) The *New York Times* compilation of diverse books broken down by age group.