

Skinfinite Solutions Medical Spa and Laser Center

Microneedling with PRP, the “Vampire Facial”?

By: Kacie Avey, RN

Many patients come in inquiring about the “Vampire Facial” and want to know how it differs from Microneedling with Protein Rich Plasma (PRP). Let me explain. “Vampire Facial” is a term some offices use to describe Microneedling with PRP due to the use of your own blood during treatment. As an Aesthetician and Registered Nurse, I would not want to mislead our patients into thinking they are getting a facial, Microneedling with PRP is a clinical treatment that can transform your skin.

We are proud to share we use SkinPen by Bellus as our instrument of choice for Microneedling treatments. SkinPen is currently the only FDA approved Microneedling device in the United States. As Registered Nurses we are privileged to adjust the needle depth to the appropriate settings to give the patient the results they are seeking. As nurses we have the ability to use PRP as opposed to a gel to guide the needles. We choose to use Protein Rich Plasma (PRP), to maximize results because it is unique to each patient, it is designed to heal the body and is commonly used in surgeries to speed recovery. PRP allows for five times the growth factor during the bodies regenerating process. Allow me to briefly summarize what Microneedling is designed to do and who may be a candidate for this treatment series. Microneedling is generally safe for all skin types, and dramatically improves textured skin, scars, and pigmentation issues (currently it is the number one treatment for treating acne scars). It improves skin by use of a pen like tool that uses single-use needled tips to create micro-injuries that stimulate the bodies natural wound healing process. The wound healing process consists of three phases; inflammation, proliferation and remodeling. To put it simply, the treatment causes controlled trauma to the skin to encourage new collagen growth, repair of scar tissue and damaged tissue all while minimizing cellular damage resulting in smoother, brighter skin! Continued improvement of skin by way of collagen growth can continue three months or more after last treatment.

The process would begin with you applying a topical numbing cream in office, then we draw the blood that will be used to provide the plasma for the treatment. Microneedling involves minimal down time and most patients are comfortable resuming their daily activities the next day. After, you can expect to look red, as if you have a sunburn, and many patients will report to peel during the healing phase. We recommend each patient begin with a series of three treatments scheduled four to six weeks apart with severe cases requiring additional sessions. After the third treatment we evaluate the progress and make an appropriate plan. We make sure to document your progress with photos at each session so we can watch the exciting skin transformation with you!

As a provider at Skinfinite Solutions I am passionate about Microneedling because I see the amazing change in my patient’s skin and the confidence the results bring to that individual. I too, am on a skin transformation journey and have had two Microneedling treatments with PRP. Below, is my before photo compared to the photo taken 10 days after my second Microneedling session. Be sure to check out our social media for my updated progress picture after my third treatment, and tag us in your

personal progress pictures! I would be happy to set up a complementary consultation to analyze your skin and see if you too, are a candidate for Microneedling and set up an achievable plan to transform your skin.