

Seasons of Grief Getting Through the Holidays

An 8-week Grief Support Group

This is a mixed loss peer support group for those who are navigating grief during the Holidays.

November 24th, 2020 - January 12th, 2021

Tuesdays, 5:30 - 7:00 pm

****This group will be held on the Google Meet video platform**

Pre-registration is required

Email: register@winterspring.org

Call: 541-552-0620

Hearts that have known pain meet in mutual recognition and trust. Such meetings help immeasurably.

■ Ram Dass



WinterSpring

All WinterSpring grief support groups are provided free of charge.

Tax-deductible donations are appreciated but entirely voluntary. No one is ever denied services because they cannot contribute.

WinterSpring is a 501(c)(3) nonprofit organization, we rely solely on contributions from individuals, foundations and our community to cover our expenses.

*WinterSpring provides individual support and peer to peer support groups. We do not offer therapy or professional counseling, therefore insurance policies do not cover our services.

winterspring.org ■ 541.552.0620