

June Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
1 Kalua Pork Hawaiian Rice Seasoned Corn Pineapple Tidbits Fresh Baked Roll	2 Sloppy Joe Fresh Hamburger Bun Mustard Potato Salad Pork & Beans Navel Orange	3 Broiled Bratwurst with Fresh Hoagie Sauerkraut Cottage Cheese & Mixed Fruit Roasted Corn Chocolate Chip Cookie Bar	4 Teriyaki Chicken Bowl Steamed Brown Rice Banana Fresh Steamed Broccoli Fresh Baked Roll	5 Cured Honey Baked Ham Scalloped Potatoes Diced Beets Fresh Baked Cornbread Applesauce
8 Sweet & Sour Chicken Steamed White Rice Stir Fried Vegetables Fresh Orange Fresh Baked Roll	9 Creamed Chicken over Steamed White Rice Seasoned Peas Fresh Baked Roll Jackie's Cake with Fruit	10 Smokey Barbeque Beef Sandwich With a Fresh Baked Bun Classic Coleslaw Roasted Corn with Red Peppers Banana Peanut Butter Bar	11 Savory Chicken Salad Wrap Italian Pasta Salad Kosher Pickle Spear Diced Pears	12 Roast Turkey Breast Garlic Mashed Potatoes & Turkey Gravy Crinkle Cut Carrots Fresh Baked Roll Mandarin Oranges
15 Malibu Chicken with Honey Mustard Sauce Au Gratin Potatoes Seasoned Green Beans Fresh Baked Roll Mandarin Oranges	16 Homemade Meatloaf Garlic Mashed Potatoes & Gravy Roasted Corn Fresh Baked Roll Cutie Orange	17 BBQ Chicken Quarters Au Gratin Potatoes Seasoned Green Beans Fresh Local Apple Fresh Baked Roll	18 Ms. Helen's Cheesy Beef Lasagna Seasoned Beets Fresh Garlic Bread Jackie's Cake with Fruit	19 FATHER'S DAY MEAL Garlic Roasted Beef Round Herb Roasted Baby Potatoes Seasoned Peas Mixed Fruit Cocktail Fresh Baked Roll Fruit Tart
22 Swedish Meatballs Rice Carrots Peaches Fresh Baked Roll	23 Santa Fe Shredded Turkey Roasted Corn Black Beans Fresh Baked Roll Orange	24 Country Fried Steak Mashed Potatoes & Country Gravy Seasoned Mixed Vegetables Mixed Fruit and Jell-O Cup Fresh Baked Roll	25 Spaghetti with Meat Sauce Green Beans Garden Green Salad Fresh Baked Garlic Bread Seasonal Fruit Crisp	26 Salisbury Steak Garlic Mashed Potatoes & Gravy Seasoned Mixed Vegetables Fresh Baked Roll Diced Pears
29 Roasted Lemon Pepper Chicken Herb Mashed Potatoes & Gravy Seasoned Peas Applesauce Fresh Baked Roll	30 Shepherd's Pie Diced Seasoned Carrots Cottage Cheese & Mixed Fruit Chewy Chocolate Brownie	Low fat milk is provided with each meal	Please reserve your lunch 24 hours in advance. If you miss 2+ lunches, your name will be removed from the list. *24 hour cancellation notice is requested* We will NOT be taking cash donations until The Senior Center reopens completely.	Contact the Senior Specialist with any questions. She is at the desk from 8-1pm M-F. (801)852-6043

