

PEAKS YOUTH HOCKEY ASSOCIATION

LOCKER ROOM POLICY



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Peaks Youth Hockey Association (PYHA) takes seriously the responsibility to help protect participants from physical abuse, sexual abuse, emotional abuse, bullying, threats, harassment and hazing. Inadequate locker room supervision presents an opportunity for such misconduct, as well as for reckless behavior that can result in injury. The goals of PYHA's Locker Room Policy are to reduce the risk of abuse, misconduct, or injury in locker rooms; to maintain reasonable personal privacy; and to provide for equitable treatment for girls and boys. The use of locker rooms is a convenience the Peaks Ice Arena provides; please feel free to have your player(s) dress at home and arrive ready to play if your player prefers not to use the locker rooms.

I. LOCKER ROOM ACCESS

At Peaks Ice Arena there are 8 team locker rooms and 2 women's locker rooms available for our program's use. Each locker room has its own restroom with shower facilities.

- Peaks Ice Arena staff assign locker rooms for practices, games, and jamborees; locker rooms will be posted on the TV monitor as you enter the Peaks Facility.
- Players can expect access to a locker room 30-45 minutes (1 hr for travel teams) before and after their game to dress/undress and meet with coaches. Outside of these times and purposes, players at the rink should be in public areas, not in locker rooms.
- Players should only use the locker room assigned to them. Players participating in multiple events in a day should move their belongings as the assigned locker room changes.
- Locker room access for Peaks Youth Hockey events is limited to registered players assigned to that locker room, registered coaches, locker room monitors, and parents and/or guardians of younger (10U and younger, see below) age groups. No adult should be in the locker room alone with an unrelated minor.

All our teams will occasionally travel to play games at other arenas. Those locker rooms, restrooms and shower facilities will vary from location to location. At arenas for which you are unfamiliar, parents should plan to have extra time and some flexibility in making arrangements for their child to dress, undress, and shower if desired.

II. LOCKER ROOM MONITORING

It is the policy of USA Hockey that at least one screened and trained adult (which may include coaches, managers, or other volunteer) monitors the locker room during all team events to assure that only participants (coaches and players), approved team personnel and parents/guardians are permitted in the locker room, and to supervise conduct in the locker room. The screened adult monitor is required to be listed on the team's USA Hockey roster. Acceptable locker room monitoring includes having the locker room monitor in the locker room while participants are in the locker room, or in the immediate vicinity (near the door) outside the locker

room who can regularly enter the locker room to monitor activity inside. All responsible adults serving as locker room monitors should be the same gender as the players they are monitoring.

III. LOCKER ROOM CLEANLINESS

Locker room cleanliness is the players' responsibility. Leave the locker rooms clean after use. Coaches will check the locker room after every game or practice to ensure that the room is in the same or better condition as when the team first entered the locker room, and ensure that no damage has occurred. Any damage or problems with the locker rooms should be reported to the front desk.

IV. SHOWER ROOMS AND RESTROOMS ADJOINING LOCKER ROOMS

Shower rooms and restrooms adjoining locker rooms are for player and coach use only.

V. PARENTS AND SIBLINGS IN LOCKER ROOMS

For 6U and 8U players, one parent can help their player dress/undress in the locker room. PYHA encourages parents to teach their players as young as possible how to get dressed so that players will learn as early as possible how to get dressed independently.

For 10U and older age groups, we encourage players to dress themselves but understand that some may struggle, especially goalies. A parent may enter a locker room as long as a Safesport certified coach or locker monitor is present to assist a player. Once the assistance is provided, the parent should leave the locker room. Assistance such as tying skates or snapping helmet straps can be done outside of the locker room, in which case we ask that the player meets the parents outside the locker room to assist. If a player is or may be injured, or a player's disability warrants assistance at the 10U age or older, then we ask that parents let the coach know beforehand that he or she will be helping the player in the locker room.

Siblings of players are not permitted in the locker rooms. The only exception is for younger siblings of 6U or 8U players who need to accompany their parent in to the locker room.

IV. CO-ED TEAMS

Many of our teams consist of both male and female players. It is important that the privacy rights of all of our players are given consideration and appropriate arrangements made.

When co-ed teams practice or play games at the Peaks Ice Arena, female players should use the women's locker rooms (locker room #2 or #8) when changing in/out of their hockey gear. Only women are allowed in the women's locker room. Under no circumstance should a male enter the women's locker room; this includes coaches, fathers and siblings. If a female player needs assistance with equipment from a male parent or sibling, she should go out into the hallway to get their help.

Coaches should accommodate their female players and involve their female players in the pre- and post-game team talks. Generally, coaches should have their players fully dressed at least 10 minutes prior to the game time, so that the female players can join the fully dressed team for the pre-game talk, and all players can also meet in the locker room immediately following the game for a post-game talk before the female player(s) leave and all players undress.

When co-ed teams play games away from the Peaks Ice Arena, female players should ask the front desk of the venue how to access the women's locker room at that facility. The women's locker rooms at away venues have the same restrictions as those at the Peaks—under no circumstance should a male enter the women's locker room. The coach of the co-ed team should coordinate with the female player(s) so that all players are involved in any pre/post game coaching discussion.

V. CELL PHONES AND OTHER MOBILE RECORDING DEVICES

The recording capabilities of cell phones and other mobile devices, including voice recording, still and video cameras, are not permitted to be used in the locker rooms by players, coaches, or parents. All recording or phone/video calls are strictly prohibited in the locker rooms.

VI. PROHIBITED CONDUCT AND REPORTING

PYHA prohibits all types of physical abuse, sexual abuse, emotional abuse, bullying, threats, harassment and hazing. Participants, employees, or volunteers in PYHA may be subject to disciplinary sanction for violation of these locker room policies or for engaging in any misconduct or abuse.

Reports of any actual or suspected violations, you may contact
USA Hockey at SafeSport@usahockey.org or call 1-800-888-4656
Foster Watabe, Peaks Ice Arena Manager, at fwatabe@provo.org
Brenda Hickman, Peaks Youth Hockey Coordinator, at bhickman@provo.org