

INTEGRATIVE MENTAL HEALTH INTENSIVE WORKSHOP



WORKSHOP DETAILS

APRIL 5TH & 6TH, 2025 | 9:00 AM – 4:00 PM DAILY

AT CANNECTD WELLNESS, 712 E PALMETTO PARK RD, BOCA RATON, FL 33432

JOIN US NOW!

561-465-5886

www.cannectd.com

Join Shari B. Kaplan, LCSW, a leader in integrative mental health, for an intensive two-day workshop designed to expand your therapeutic toolkit with a blend of evidence-based methods and holistic approaches. This workshop is perfect for mental health professionals looking to integrate both traditional and alternative therapies into their practice for more comprehensive, effective care.

WHO SHOULD ATTEND?

Therapists, social workers, psychologists, and counselors ready to integrate holistic approaches into their practice.

WHAT YOU WILL LEARN:

- Workshop Highlights Key Learnings
- Herbal Plant Medicine: Use cannabis, ketamine, and microdosing for anxiety, depression, OCD, and PTSD.
- Advanced Techniques:
- EMDR for trauma recovery.
- IFS, EMDR, and Ego State work for inner conflict.
- CBT for negative thought patterns.
- Functional Spirituality in therapy.
- Movement & Music Therapy: Use body-based approaches for emotional regulation and nervous system balance.
- Holistic Treatment Planning: Address lifestyle, nutrition, exercise, and relationships.

Available in Person or Online

CE Credits Available

Cost: \$895 in Person or \$399 Online

25% Off Registration till December 31st:

Cost: \$675 in Person or \$299 Online

Register: www.cannectd.com/workshops

**SPACE IS LIMITED—RESERVE YOUR
SPOT TODAY!**

