SSO A la Carte

Allowable A la Carte Offerings

- Veggie Cups
- Baked Fries
- Fruit Cups
- Whole Grain Snacks
- Some Ice Cream
- Sparkling Juice
- Diet Soda
- Coffee Drinks
- Carbonated Juice Drinks
- 12 oz. low calorie sports drinks

Prohibited A la Carte Offerings

- All snacks not whole grain (cookies, brownies, pretzels, chips, etc.)
- All entree options not meeting guidelines
- All ice cream not meeting smart snack requirements
- Soda with sugar
- Coffee drinks with sugar or 2%/whole milk
- >12 oz and/or “regular” sports drinks