

# FILL THE Y BUS

## "HAVE A HEART" FOOD DRIVE

### SPECIAL MATCH EVENT



#### WHAT WE NEED

- PEANUT BUTTER & JELLY
- PASTA & PASTA SAUCE
- POP-TOP SOUPS & MEALS
- RICE
- CHEESE STICKS
- APPLES & ORANGES
- CEREAL & CEREAL BARS
- GRANOLA
- PET FOOD
- DIAPERS OF ALL SIZES
- PERSONAL HYGIENE ITEMS



**Help feed our community!** Simply shop from our grocery list above to help stock our YMCA and Healthy Lincoln County family boxes and Help Yourself Shelf tables & Teen Snacks. These food security programs are offered in partnership with Main Street Grocery, the Damariscotta Police Department, and Healthy Lincoln County.

#### WHEN

Friday, February 16, 2024  
10:00am-4:00pm

#### WHERE

Main Street Grocery  
5 Coastal Marketplace  
Damariscotta, ME 04543

The First will  
match all  
donations up  
to \$1000!

#### DONATIONS CAN BE CALLED IN TO MAIN STREET GROCERY

Phone 207-563-3507

**CENTRAL LINCOLN COUNTY YMCA**  
Contact: Karen-Ann Hagar-Smith  
khagar@clcymca.org

**CENTRAL LINCOLN COUNTY YMCA**