

# Massage / Carrier Oils

Carrier oils are used to dilute essential oils which is necessary when applied to skin.

Unlike essential oils, carrier oils do not evaporate and they don't have a strong scent of their own which makes them a perfect pairing with essential oils.

All carrier oils have therapeutic properties of their own depending on the ingredients they contain.

## SWEET ALMOND OIL

Very rich in vitamin E and antioxidants.

Antioxidants help prevent skin damage

Skin nourishing as well as skin regeneration.

Soothes irritated skin, hypoallergenic

## GRAPESEED OIL

High in protein and minerals. Natural anti-inflammatory properties.

Great for acne prone skin as it has astringent properties.

## VITAMIN E

Reduces wrinkles and smooths skin. Highly moisturizing

Vitamin E not only regenerates new skin but also repairs damage.

Relieves inflammation.