



About this Graduate Course

MHS 6900 • CRN 85706 • 3 credits
Male Mental Health and Well-being

Fall 2023

This course is taught entirely online (asynchronous) via modules made available through Canvas

Instructor

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MSW

More Information

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Register Now!

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Male Mental Health and Well-being

Want to learn more how men and boys think and feel? Then this course is for you!

Course Description

Students will learn more about male mental health and well-being through exploring prevalence of mental disorders, perceptions, practices, and programs. Students will have the opportunity to examine various male mental health topics from a multidisciplinary and multicultural perspective across the life span.

Course Highlights

- Discuss various topics including substance use, suicide, masculinity, social connections, fatherhood, incarceration, as well as help-seeking and service use.
- Promote students' critical evaluation of research, programs, and practices in male mental health, incorporating considerations for different cultural and minority groups throughout.
- Assesses societal, economic, community, familial, and socialization factors that influence men's mental health beliefs and practices.

Who Should Take this Course

Graduate students from a variety of disciplines (e.g. behavioral health, social work, public health, counseling, nursing, psychology, criminology) who are interested in male mental health.



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