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Colloquium by Candidate for Tenure-Earning Faculty Position

for CRMHC Assistant/Associate Professor

Tuesday, April 14, 2026 • 3:00 – 4:30 PM

MHA 126A (Westside) or online ➔



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Dr. So Rin Kim

Associate Chair, Department of Education Sciences and Professional Programs, Assistant Professor, University of Missouri-St. Louis

Mediation Effect of Resilience in Asian International Students: A Foundation for a Holistic, Mind-Body Understanding of Well-being

Dr. So Rin Kim will explore the complex mechanisms of resilience among Asian International Students (AIS), moving from foundational research to holistic interventions. The session begins with a deep dive into a study of 197 AIS in the United States, using structural equation modeling to analyze how stressors impact psychological well-being. The findings reveal a critical distinction in the resilience process: while personal competence (individual strengths, structured personal styles, and social competence) significantly mediates the relationship between stressors and well-being, sources of support (family cohesion and social resources) did not show a significant mediating effect in this cultural context. Building on these empirical findings, Dr. Kim will outline a future research trajectory that expands the definition of resilience through three primary pillars: 1) Integrating neuroscience into counseling, 2) Advocacy for the international community, and 3) resilience and trauma of underrepresented populations.



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