

**SCHOOL OF SOCIAL WORK PRESENTS
CLINICAL SERIES:
A SYSTEMATIC APPROACH TO PSYCHOTHERAPY:
UNDERSTANDING STRUCTURAL FAMILY THERAPY**

PRESENTED BY DAYNA KUMAR LPC

MON 3/23 6-7PM VIRTUAL VIA TEAMS

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Dayna is a Licensed Professional Counselor, EMDRIA-Approved Trainer and Consultant in EMDR, and Clinical Supervisor. She is also pursuing certification in Neurofeedback, expanding her work in complex trauma treatment.

Dayna approaches her work through a cultural and systemic framework, with a strong commitment to equity and structural change. She has served as an expert witness in the 16th District Juvenile and Domestic Relations Court, advocating for survivors of violence and neglect. Her trauma-informed evaluations have helped survivors of domestic violence regain housing vouchers and stability, and she has successfully advocated for college students facing expulsion due to mental health diagnoses by ensuring appropriate disability-based protections and accommodations.

Currently, she collaborates with medical schools and hospital systems in Virginia and Tampa to address burnout, compassion fatigue, and systemic workplace trauma — working to support both providers and the communities they serve.



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