

Perinatal Mental Health Workshop: Diagnostic & Treatment Considerations

Every year, approximately 12,000 people in Washington State experience depression or anxiety during or after pregnancy. Our goal is to give their perinatal, mental health and primary care providers the support and tools they need to effectively treat their patients' mental health disorders during pregnancy and postpartum.

Amritha Bhat, MD, MPH and Deborah Cowley, MD, will conduct a half day training that includes presentations, case examples, and interactive small group exercises focused on mental health screening and treatment during the perinatal period.

Attendees will learn:

- ✓ Process of differential diagnosis of common mental disorders in the perinatal period
- ✓ Risks of untreated mental disorders and risks of psychotropic medication use during pregnancy and lactation.
- ✓ Informed consent discussions with pregnant and breastfeeding women regarding commonly used psychotropic medications

Please join us! This presentation is open to any prescribers who care for pregnant women or new moms including but not limited to: obstetricians, pediatricians, psychiatrists, family physicians, and nurse practitioners.

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Washington School of Medicine designates this live activity for a maximum of 3.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



WHEN

Thursday, January 30th 2020
1-5 PM PST (Lunch provided 12-1 PM)

WHERE

Kadlec Regional Medical Center
2nd Columbia Conference Room
888 Swift Blvd., Richland, WA, 99352

REGISTRATION

This workshop is FREE. RSVP at
<https://www.brownpapertickets.com/event/4450979>

This event is part of a two-day training presented by Perinatal Support of Washington. You may attend the full training or just this breakout session.