

National Center for Relational Health & Trauma-Informed Care
FROM THE AMERICAN ACADEMY OF PEDIATRICS

TRAUMA-INFORMED CARE
2026 WEBINAR SERIES

April 27
1:00 PM CT

FROM RECOGNITION TO REFERRAL: WHAT PEDIATRIC PROVIDERS NEED TO KNOW ABOUT EVIDENCE BASED TREATMENTS FOR TRAUMA

Pediatric providers are often the first to recognize when a child is struggling after trauma—but knowing what to do next can be less clear. Hosted by **Dr Jessica Griffin, Psy.D.**, this session offers a practical roadmap for identifying trauma-related needs, a brief overview on the application of trauma-focused cognitive behavioral therapy (TF-CBT), making informed referrals to TF-CBT and other evidence-based treatments, and supporting families in the critical window before therapy begins. **Click here to register!**

May 14
2:00 PM CT

TEENS CRASHING OUT: PRACTICAL STRATEGIES FOR PEDIATRICIANS TO SUPPORT ADOLESCENTS

Today's teens are dealing with so much. It can be challenging for teens to express themselves in clinic and for pediatricians to navigate conversations with adolescents – especially those who've experienced trauma. Join **Drs Kanani Titchen, MD**, and **Christine Thang, MD**, for a one-hour webinar designed to demystify communication with adolescents and provide practical, trauma-informed strategies that actually work in real-world visits. This session breaks down key concepts related to adolescent brain development and trauma, offers concrete strategies for providing trauma-informed care, and highlights resources to promote relational health with teens and caregivers. **Click here to register!**

Dates to be Announced Soon!

MINI-SERIES: TRAUMA-INFORMED CARE ACROSS THE NICU TO PEDIATRICS CONTINUUM

This webinar mini-series explores trauma-informed care across the continuum from the neonatal intensive care unit to outpatient pediatric practice. Designed for neonatologists, pediatric clinicians, and interdisciplinary care teams, the series examines how medical complexity, prolonged hospitalization, and high-stakes decision making can be experienced as traumatic stress for infants, caregivers, and clinicians alike. **Drs Samantha Kucaj, Psy.D.** and **Dena Hubbard, MD**, will address the impact of NICU experiences on early relational health, caregiver confidence, and long-term child development, while highlighting practical, relationship-based strategies that can be integrated during hospitalization, at discharge, and in follow-up care. The series also centers clinician well-being by exploring secondary traumatic stress, moral injury, and organizational contributors to burnout, offering trauma-informed approaches to support healthcare teams.

For more educational opportunities and resources, check out the NCRHTIC webpage!

For questions, or to be added to our listserv, reach out to traumainformedcare@aap.org.