



2021-2024 Disability, Aging and Veteran Services Area Plan

| February 16, 2021

Disability, Aging and Veteran Services (DAVS)

www.co.washington.or.us



Area Plan Overview

- Area Agency on Aging requirement per OAA
- Focus areas and format determined by Community Services and Supports Unit
- Describes local region, needs and services
- Planning period: July 2021-June 2025
 - Updated annually
- Guided by community needs assessment

Area Plan Structure

- Area Agency Planning and Priorities
- Planning and Service Area Profile
- Focus Areas, Goals and Objectives
 - Information & Referral
 - Nutrition Services
 - Health Promotion
 - Family Caregivers
 - Legal Assistance and Elder Rights Prevention
 - Older Native Americans
 - Veterans
 - Social Isolation and Loneliness
- Older Americans Act and Oregon Project Independence Services and Methods of Service Delivery
- Area Plan Budget
- Appendices



About the Needs Assessment

- Guided by AVSAC steering committee in late 2019
- Informed the focus populations, process and data collection tools
- COVID-19 impacts
- Survey (paper and online)
- Phone-based key participant interviews
- Other data and resources



Washington County Population Statistics

Approximately 590,000 residents total

- 19% are over the age of 60
- 9% are 85 or over
- Older adult population is growing and is overall less diverse than general population

10% overall experience a disability

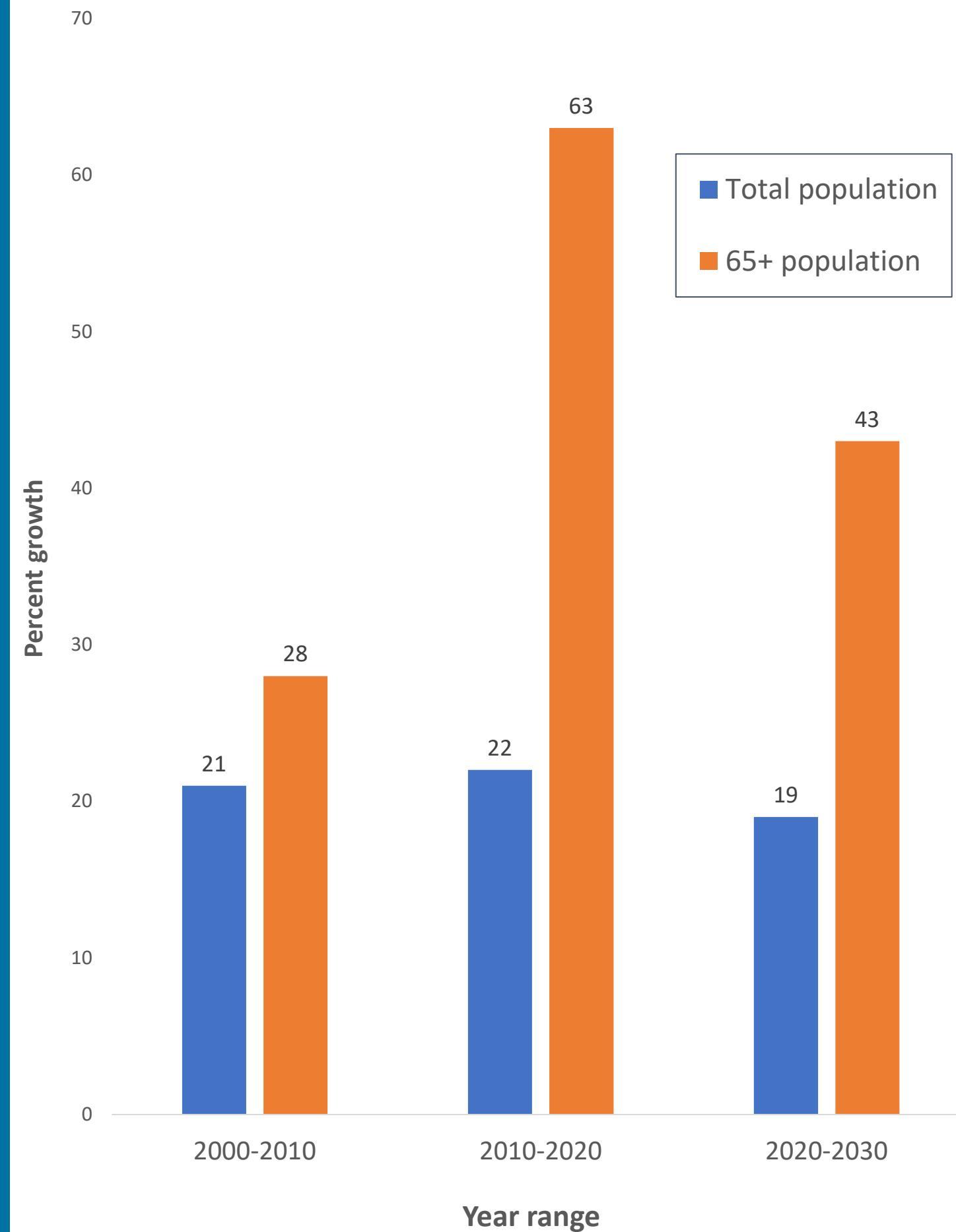
- Disability prevalence increases with age
- Greater proportion of American Indian and Alaska Natives experience a disability (14.7%)

7% overall are veterans

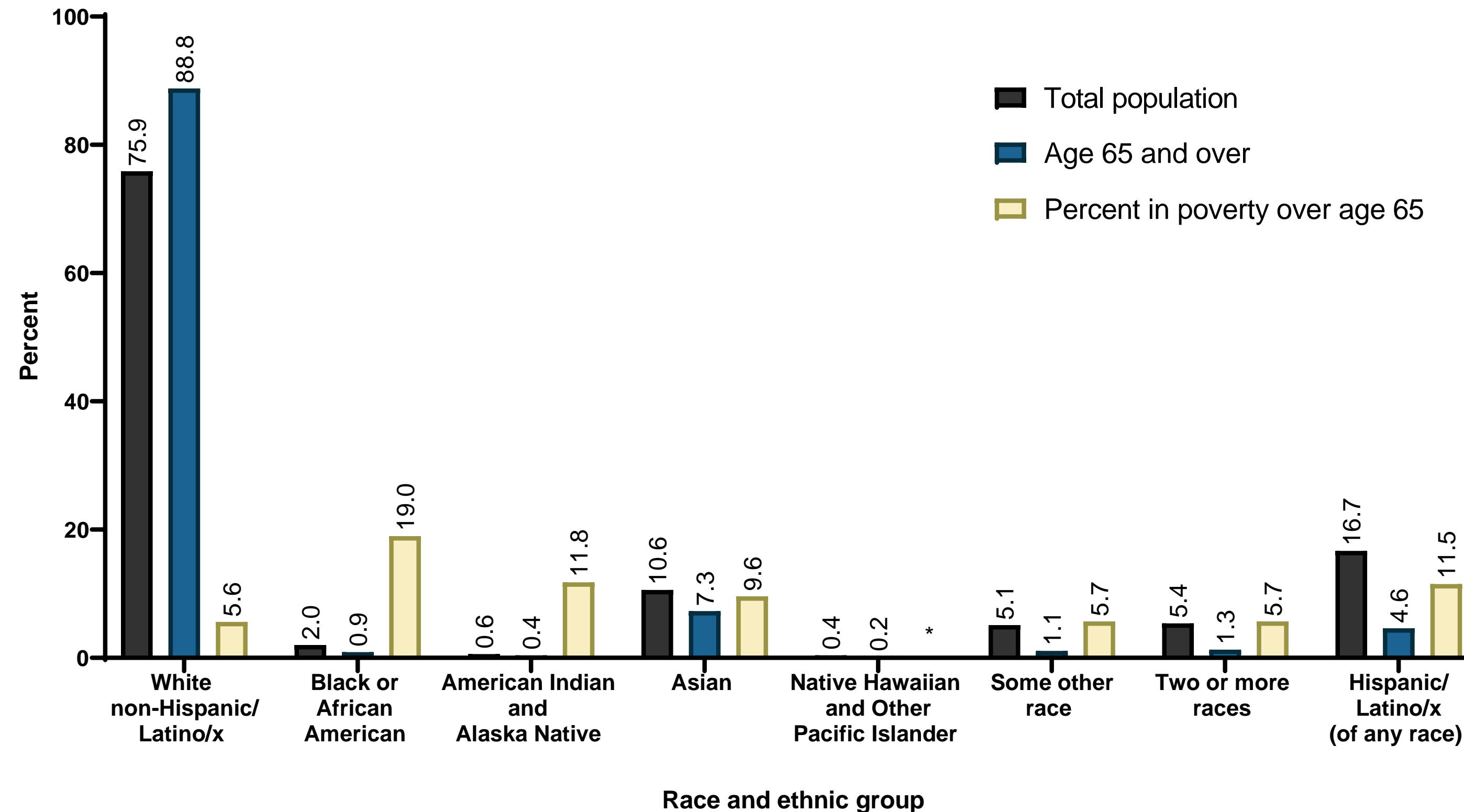
- 45% of veterans are older adults
- 33% served in Vietnam Era

American Community Survey 2015-2019 5 year estimates

Growth rate of Washington County's Aging Population



Washington County race and ethnicity demographics by age group



American Community Survey estimates 2015-2019

Survey Respondents

Expanded language translation
for paper and online survey
from two to eight

Increased participation from
focus populations

Partnerships with community-
based organizations



2020 Survey Participants	2016 Survey Participants
English, Spanish, Russian, Arabic, Korean, Somali, Vietnamese, Chinese	English, Spanish
879 responses	439 responses
Nearly 3 in 5 veterans	1 in 5 veterans
1 in 2 female	2 in 3 female
67% White, non-Hispanic	92% White, non-Hispanic
6% LGBTQIA+	4% LGBTQIA+

Top Five Services Important to the Community - All

Services provided by DAVS

1. Accessible transportation
2. Veteran benefits
3. Managing chronic illness or pain
4. Getting enough food to eat
5. Legal services

Services not provided by DAVS

1. Medicaid and/or Social Security benefits
2. Affordable housing
3. Behavioral health (mental health and addictions)
4. Accessible housing
5. Wills and estate planning



Top Five Services by Group

Service provided by DAVS	Respondent category				
	LGBTQIA+	Person of color	Veteran	Caregiver	Person with Disabilities
Accessible transportation	✓	✓	✓		✓
Veteran benefits			✓		✓
Managing chronic illness or pain		✓	✓	✓	✓
Getting enough food to eat				✓	✓
Legal services	✓		✓		✓
Coping with feelings of loneliness	✓				
Finding safe social activities	✓	✓		✓	
Keeping older adults safe from abuse and fraud	✓		✓		
Help with Medicare		✓			
Having services specific to my culture or identity		✓			
Help caring for a family member or friend				✓	
Support for me as a caregiver				✓	

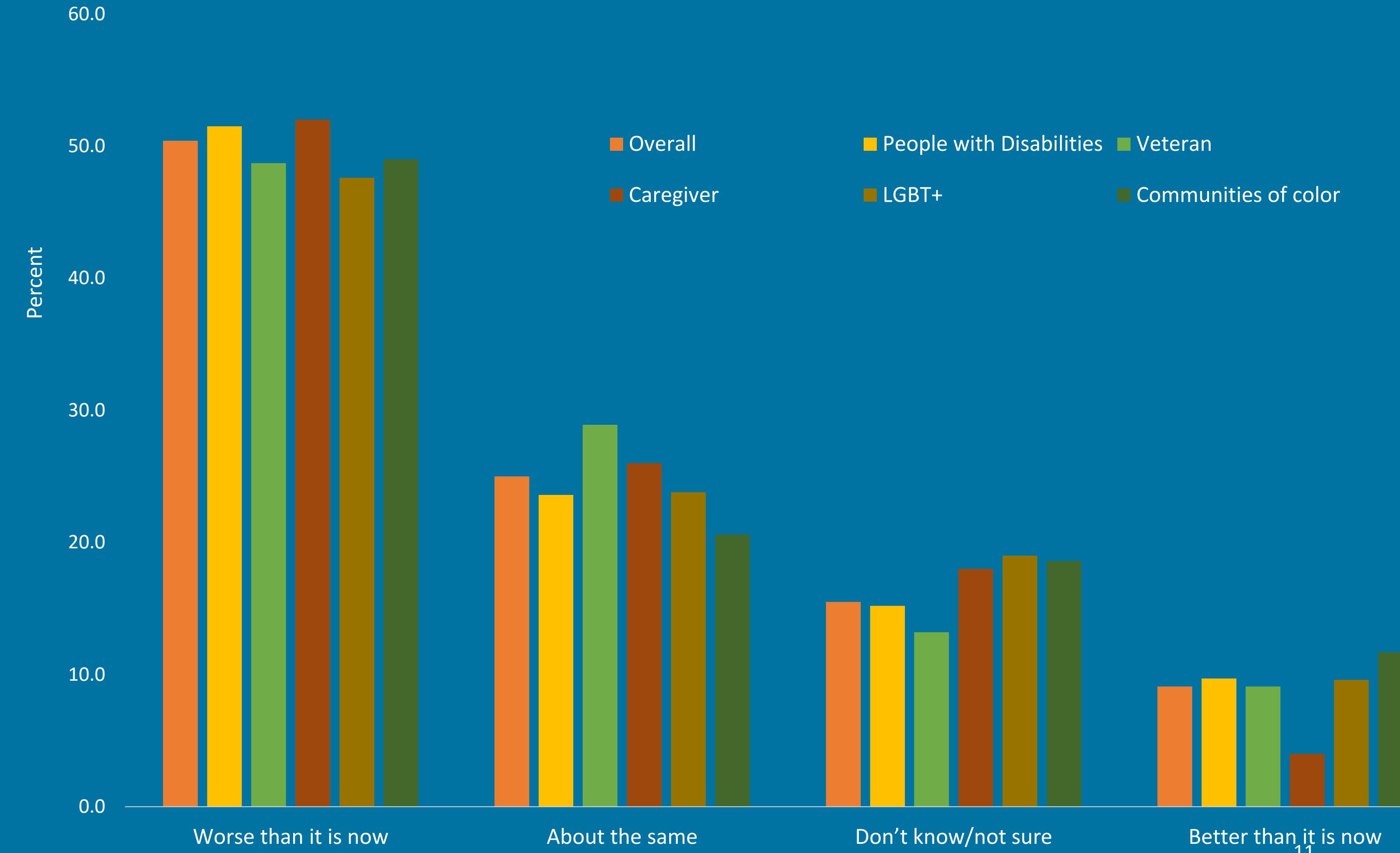
Access and interest in technology by subgroup of survey respondents



When you think about the future, in general, do you feel your health and well-being will be:

Most say their health and well-being will be worse or about the same in the future

Of all subgroups, communities of color were more optimistic about health and well-being in the future



Participant Interview Highlights

- 90 interviews with community members
- Multiple languages and cultures
- Focused on hearing from focus populations that may not be reached through traditional data collection

Themes identified:

- Community identity and community needs
- Social connectedness and social isolation
- Barriers to accessing services
- Aging in place
- COVID-19

2021-2024 Area Plan Goals



Information & Referral Aging & Disability Resource Connection (ADRC)

**Goal: Increase ADRC visibility
and utilization**

**Goal: Increase core function
capacity and quality
assurance in the ADRC**



Nutrition Services

Goal: Increase capacity to provide an equitable older adult nutrition program in Washington County



Health Promotion

Goal: DAVS will enhance access to evidence-based health promotion including chronic pain and chronic disease self-management programs for older adults most at-risk, vulnerable, and hard to reach including older adults living with HIV/AIDS, LGBTQ older adults and older Black, Indigenous, and People of Color



Family Caregivers

Goal: Increase program capacity using volunteers

Goal: Program access is increased using a person-centered and service equity lens.

Goal: Evaluate and increase awareness of the Family Caregiver Support Program



Legal Assistance and Elder Rights Protection

Goal: Increase public awareness of elder abuse in all its forms.

Goal: Promote use and access to Older Americans Act legal services by Black, Indigenous, People of Color, LGBT people, and other underserved populations.



Older Native Americans

NOTE: What follows is a draft.

Goal: Through partnership with key organizations, increase access to and use of DAVS services by older Native Americans.



Veterans

Goal: Services to the veteran community are enhanced through increased advocacy, outreach and innovation.

Goal: Provide education and resources for veteran suicide prevention and a path to connect in the community.



Social Isolation and Loneliness

Goal: Address loneliness and isolation in older adults.

Goal: Develop community capacity through behavioral health education, engagement and training.



Area Plan Approval

January 5-31: Public comment period

January 19: Aging & Veteran Services Advisory Council recommended to Board of Commissioners for approval, with changes from public comment integrated

February 23: Board of Commissioners consent agenda

March 19: Approved Area Plan submitted to Community Services and Supports Unit

May 7: Response from Community Services and Supports Unit

June 4: Corrections from DAVS due to Community Services and Supports Unit

July 1, 2021- June 30, 2025: Implement Area Plan





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